



rideahorse.com.au



**TRY • LEARN • EXCEL**

**EXCITING PROGRAMS FOR EVERYONE, FROM BEGINNER TO ADVANCED**

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**SPORTAUS**



rideahorse.com.au

**RideaHorse.com.au is an exciting new platform for all riders – for those wanting to try for the first time, through to those wanting to develop their skills for elite competition or for future work within the equine community.**

**YOU CAN**

**SUBSCRIBE FOR FREE** to learn the very basics about horses and horsemanship, and locate a nearby Riding Centre to try horse riding;

**OR**

**SIGN UP FOR A PROGRAM** which includes a detailed handbook and connection to a Riding Centre for practical lessons provided by accredited coaches.

**We focus on providing a safe, supportive environment for all.**

RideaHorse.com.au is brought to you by Equestrian Australia and Sport Australia.



# 'TRY' PROGRAM



## Are you looking to try horse riding, but don't want to commit to a full program?

We're passionate about our sport and want to make it easy for people to get started. That's one reason why we built the Ride a Horse platform – it's the natural place to start, providing free educational information and a map for you to locate your nearest accredited Riding Centre.

**Visit [RideaHorse.com.au](https://rideahorse.com.au), select 'Try', and follow the steps.**

We'll have you riding in a safe, fun environment in no time!

## What next?

We think you'll fall in love with horse riding. If you decide you'd like to become more involved, [RideaHorse.com.au](https://rideahorse.com.au) is also the starting place for our junior programs (Ready Set Trot & Ready Set Vault) and our open programs (Trot Canter Gallop).

## An inclusive environment

There are riding options available for almost everyone, including those who may have a disability. Through Equestrian Australia, [RideaHorse.com.au](https://rideahorse.com.au) has a partnership with RDA – Riding for the Disabled Association of Australia Limited. Find a full list of Riding Centres on the [RideaHorse.com.au](https://rideahorse.com.au) website, or contact us via [rda@rideahorse.com.au](mailto:rda@rideahorse.com.au).



[rideahorse.com.au](https://rideahorse.com.au)

# JUNIOR PROGRAMS (AGES 5-12)



Introduces children to the world of horses, teaching them fundamental horse skills and horse awareness, all within a fun and safe setting – even if they do not have a horse of their own.



## How does RST work?

Participants register on the website, and then work through skills and activities in face-to-face lessons with their chosen coach. There are four levels to progress through, with lessons including mounted and unmounted activities. It's the perfect way for young equine enthusiasts to get started and develop their love of the horse!

Click here for information  
[rideahorse.com.au/rst](https://rideahorse.com.au/rst)



An exciting new variation on the popular Ready Set Trot program. In addition to learning the fundamentals of horses skills, children learn how to perform gymnastic movements atop a moving horse.



## How does RSV work?

Ready Set Vault teaches the same horsemanship skills as Ready Set Trot but replaces horseback riding skills with horseback vaulting skills that will initially be taught on the ground and on a barrel before gradually transferring these skills onto a moving horse.

Click here for information  
[rideahorse.com.au/rsv](https://rideahorse.com.au/rsv)



# OPEN PROGRAM (AGES 12+)



TROT • CANTER • GALLOP

This three-part program is designed for beginner to advanced riders wanting to upgrade their knowledge and skills. Participants learn the fundamentals of good horsemanship, important aspects of riding technique and etiquette, and effective application of safe horse practice – all in a fun, immersive environment.



## How does TCG work?

Participants register on the website, and then work through skills and activities in face-to-face lessons with their chosen coach. There are detailed handbooks to complement the practical lessons.

There are three levels:

**Trot:** beginner riding and horse management skills – suggested for all keen would-be riders (12+).

**Canter:** intermediate riding and horse management skills – suggested for anyone who owns a horse and/or rides regularly, or those juniors who have completed Ready Set Trot.

**Gallop:** advanced riding and horse management skills – suggested for competitive riders wanting to further their riding and horse management skills, and perhaps transition into coaching, officiating, or future work in the equine community.

**Riders can sign up for each level individually, or the entire program.**

Trot Canter Gallop is a great way to take riding knowledge and skills to the next level.

Click here for information  
[rideahorse.com.au/tcg](https://rideahorse.com.au/tcg)



rideahorse.com.au



[rideahorse.com.au](https://rideahorse.com.au)

## LOOKING FOR MORE INFORMATION?

Find out more about your chosen program on the official website: [rideahorse.com.au](https://rideahorse.com.au)

## ARE YOU A COACH OR RIDING CENTRE?

If you are already an affiliated coach with EA/PCA/RDA, there are no additional fees associated with becoming an accredited delivery provider for RideaHorse.com.au programs.

Please visit [rideahorse.com.au/coaches](https://rideahorse.com.au/coaches) for more information.

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**FIND YOUR 30**

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