### L2C ASSESSMENT SLIP 3 Horse & Athlete Development Diary

## Assessment Guidelines

#### Supervision:

- This activity is to be completed by the candidate without any direct supervision.
- It is recommended that all candidates liaise with their Coach Educator at regular intervals whilst this activity is completed

#### Candidate information:

- Candidates are required to create their own Athlete/Horse Competition Development Diary, structured in a manner to clearly display the required content.
- Candidates may use written explanation, point form, charts and/or tables to record the required details over a 3-month period.
- Candidates are advised to research, practice and discuss all parts of each activity with your EA Coach Educator, prior to attempting an assessment.

#### **Assessment:**

Create a Rider/Horse Diary, of your own design, for a 3-month period that leads into a preidentified competition.

## This diary must record the training of at least two different rider/horse combinations.

The Rider/Horse Diary must give consideration, but not be limited to, the following issues;

- Initial assessment of, i) the horse, ii) the rider, and iii) the Horse/Rider combination
- Establish short- and long-term goals
- Competition Plan
- Injury monitoring and rehabilitation
- Training objectives (skill acquisition)
- Details of training sessions
- Adjustment of lesson plans where setbacks or delays in skill acquisition has required changes

There is no specific format preferred for this, however, the information should be clearly laid out and meet all the requirements of the task.

The EA Coach Educator will advise the candidate of a result at the completion of the activity.

All activities should be completed in a competent and efficient manner, demonstrating a comprehensive acquisition of skills and knowledge.

A Coach Educator may assess this task in its entirety, however a Coach Educator may **sign no more than THREE (whole) L2C Assessments for any candidate.** 

L2C ASSESSMENT SLIP Horse and Athlete Development Diary	
Assessment Summary & Declaration of Competence	
Candidate Name:	Date:
Specialisation:	Jumping Specialist Eventing Specialist
	Has demonstrated competence in all the tasks for Assessment Slip 3 – Rider & Horse Development Diary according to the assessment criteria in the Level 2 Coaching Certificate
□ NOT YET COMPETENT	Is not yet competent in all the tasks for Assessment Slip 3 – Rider & Horse Development Diary according to the assessment criteria in the Level 2 Coaching Certificate
Comments If NYC what needs improvement before re-sitting assessment	
Candidate Name:	
CE Name:	Level:
Assessment Venue:	Signature:

NOTE: CE's are advised to maintain own records / results of Candidates whom they have assessed.

- If Competent sign summary on page 5
- If Not Yet Competent (NYC) please arrange further training and/or another assessment and download additional assessment slips from <u>www.equestrian.org.au</u>

# Coach Educator may assess this task in its entirety, however a Coach Educator may sign no more than THREE (whole) L2C Assessments for any candidate.