

<b>CONCUSSION INJURY ADVICE</b>		Venue/Event:
(To be given to the <b>person monitoring</b> the concussed athlete) Pay special attention in the first <b>4 hours</b> , preferably do not leave alone for <b>12-24 hours</b>		Athletes Name:
This athlete has suffered a suspected concussion. Recovery time is variable across individuals and the patient will need monitoring for a further period by a responsible adult. Your treating doctor will provide guidance as to this time frame. A return to sport protocol depending on the persons age should be followed as outlined at <a href="https://www.concussioninsport.gov.au/">https://www.concussioninsport.gov.au/</a>		Date/Time of Injury:
<b>If you notice any change in behaviour, vomiting, dizziness, worsening headache, double vision or excessive drowsiness, please contact your doctor or the nearest hospital emergency department immediately.</b>		Date/Time of assessment:
<b>Other Important points:</b> <ul style="list-style-type: none"> <li>- Rest (physically and mentally) including training or playing sports until symptoms resolve and you are medically cleared</li> <li>- No alcohol</li> <li>- No prescription or non-prescription drugs without medical supervision</li> </ul> <b>Specifically</b> <ul style="list-style-type: none"> <li>    No sleeping tablets</li> <li>    Do not use aspirin, anti-inflammatory medication or sedating pain killers</li> <li>- Do not drive or operate heavy machinery until medically cleared</li> <li>- Do not train or play sport until medically cleared</li> </ul>		Assessing Official/ Medical Service:
		Contact Details:
<b>Clinic Phone Number:</b>		