

Dear Athlete and/or guardian name

I am writing to you as Official Position (eg Technical Delegate) of the recent EVENT NAME (eg Woody Yallock Horse Trials)

I hope you are well and recovered from your fall -our records show that you are suspected of having sustained a concussion.

Under Equestrian Australia General Regulations, all riders suspected of sustaining a concussion, may not ride at another competition for a minimum of 14 days, if aged 18 years or younger, or a minimum of 6 days if aged 19 years or older.

We strongly recommend that you seek medical advice and follow a graduated return to sport policy as outlined at <https://www.concussioninsport.gov.au/>

You must also obtain a signed medical certificate from your General Practitioner or medical professional, indicating you are free from any impairment resulting from your suspected concussion, and are cleared to ride. This must be returned via email to myself (please select reply all) and reporting@equestrian.org.au and presented to the Officials at your next EA competition.

If you have any further questions regarding this suspension, please feel free to contact me, or have your parents/ guardians contact me, either via return email, or on xxxxxxxx

Regards

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