



EA Interschool All Abilities Show Horse Work Outs

Categories	All Abilities Show Horse Class Level Work Out:	State Championships	National Championships
Category 1 (Introductory – Walk-Only)	A	Yes	Yes
Category 2 (Developing – Walk-Trot)	Either A / B	Recommend A	Recommend B (but no canter)
Category 3 (Progressive – Walk-Trot-Canter)	B	Yes	Yes
Category 4 (Advanced – Walk-Trot-Canter)	C	Yes	Yes
Category 1 for Led (In Hand)	Led class work out A/B – but Walk only (no trot)	Yes	Yes
Categories 2, 3 & 4 for Led (In Hand)	Led class work out A/B – but Walk & Trot	Yes	Yes

Please note: Category 4 the All Abilities Show Horse Rider & Show Horse Ridden Work Out will be Class C Work Out which is from the EA Interschool Show Horse rule book – [EA National Interschool Show Horse Rules CLEAN version 1st January 2026.pdf](#) - The *Secondary (Intermediate & Senior) Rider class example* (on page 12) the trot across the diagonal will be as per the diagram sitting trot for the Rider Class (unless the Rider has an exemption for Rising trot) and for **the Show Horse Ridden class the trot across the diagonal will lengthened trot** either rising/sitting.