



EXPLANATORY NOTES FOR DRESSAGE TESTS FOR JUDGES AND RIDERS TESTS EFFECTIVE FROM 1/2/19

PRELIMINARY/NOVICE/ELEMENTARY

Execution:

Refer to page 42 & 249 in the FEI Handbook Refer to 2.3.4 in the 2019 EA Rule book

- The free walk is a pace of relaxation in which the horse is permitted enough freedom to lower and stretch out his head and neck while the rider maintains alight contact through the rein
- The horse's strides and its frame are lengthened and a clear overstep is required
- The free walk is executed on a long rein rider maintaining a light contact through the rein with the poll still under control
- Stretching over the back and forward/downward with the head and neck is most important in this movement
- The mouth should reach more or less to the horizontal line corresponding with the point of the shoulder
- The gullet should clearly open as the nose line should be taken forward

Therefore, the horse should be very relaxed, loosening his back muscles and going forwards. He should reach out with his nose, lowering his head and as he does so, he should be invited "to chew the reins out of the rider's hands". <u>At the free walk the reins should not be totally abandoned and held at the buckle.</u>

NOVICE LEVEL - All trot work is sitting or rising including LEG YIELD

Movement: 2B	LEG YIELD
Movement 4: Movement 7:	Working trot – L-M Leg yield right Working trot - L-H Leg yield left
2C Movement 3: Movement 5:	Working trot – V-I Leg yield right Working trot – S-L Leg yield left
Execution:	 Refer to 2.11 in the 2019 EA Rule Book The horse is almost straight except for a slight flexion at the poll away from the direction in which it is moving The rider should just be able to see the eyebrow and nostril on the inside. The inside legs pass forwards and cross in front of the outside legs

ELEMENTARY LEVEL- INTRODUCES SHOULDER-IN, TRAVERS, SIMPLE CHANGE AND TURN ON HINDQUARTERS AND MEDIUM TROT AND CANTER (Note Medium trot may be executed sitting or rising)

Movement:	SHOULDER-IN
3A	
Movement 4:	Collected trot sitting – K-E Shoulder-in right
Movement 5:	Collected trot sitting – B-M Shoulder-in left





3B Movement 2: Movement 5: 3C Movement 4: Movement 9:	Collected trot sitting - I Collected trot sitting - I Collected trot sitting – Collected trot sitting –	F-B Shoulder-in left KE Shoulder-In right
Execution:	 Approximately 30 d Inside foreleg pass Inside hind leg step as of outside fore l 	bend around inside leg of rider degrees angle es and crosses in front of outside foreleg os forward under the horse's body weight following same track
Movement: 3B Movement 4: Movement 7: 3C	TRAVERS Collected trot sitting - I Collected trot sitting –	
Movement 6: Movement 11:	Collected trot sitting – Collected trot sitting - I	-
Execution:	 Refer 2.12.2 in the 2019 EA Rulebook Slightly bent around the inside leg of rider but with a greater degree of bend than the shoulder-in A constant angle of approx. 35 degrees (from the front and behind see 4 tracks) Forehand remains on the track and the quarters are moved inward The horses outside legs pass and cross in front of the inside legs Horse is bent in the direction in which he is moving To start the quarters must leave the track and to finish the quarters are brought back on the track 	
MOVEMENT: 3B	HALF TURN ON HINDO	UARTERS out of MEDIUM WALK
Movement 12: Movement 13:	Between G and M Between G and H	Medium walk - Shorten stride, half turn on hindquarters right Medium walk - Shorten stride, half turn on hindquarters left





3C				
Movement 13: Movement 14:	Between G and M Between G and H	Medium walk - Shorten stride, half turn on hindquarters left Medium walk - Shorten stride, half turn on hindquarters right		
Execution:	Refer to 2.13.3 in the 2	2019 EA Rule Book		
		rn can be executed on a radius of approximately 0.5m		
	 The horse does not halt before or after the turn 			
	• The horse is slightl	y bent in the direction in which it is turning remaining 'on the		
	bit' and turning on	the inside hind leg		
	The horse maintain	ns an active correct walk sequence with hind leg joints well bent		
MOVEMENT Execution:	SIMPLE CHANGE of CA Refer to 2.5.7 in the 20	NTER LEAD – Through 3-5 steps of walk)19 EA Rule Book		
MEDIUM LEVEL	INTRODUCES WALK HA	ALF PIROUETTE, RENVERS, HALF PASS IN TROT and CANTER,		
MOVEMENT: 4A	WALK HALF PIROUETT	Ε		
Movement 9:	Between G and H Shor	ten the stride and half pirouette left		
Movement 10:	Between G and M Shor	ten the stride and half pirouette right		
4B				
Movement 10:	Shorten the stride and	half pirouette right		
Movement 11:	Shorten the stride and	half pirouette left		
4C				
Movement 12:	Shorten the stride and	half pirouette left		
Movement 13:	Shorten the stride and	half pirouette right		
Execution:	Refer to 2.13.2 in the 2	2019 EA Rule Book		
	• The horse does no	t halt before or after the turn		
	-	y bent in the direction in which it is turning around the inside		
	 hind leg remaining The horse maintair 	ns the exact sequence and timing of the footfalls of the walk		
		the half pirouette it returns to the initial track without crossing		
	the hind legs			
MOVEMENT: 4B	RENVERS			
Movement 4:	Renvers right			
Movement 8:	Renvers left			
Execution:	Refer to 2.12.3 in the 2	2019 EA Rule Book		
		emain on the track while forehand is moved inward		
		bend than shoulder-in		
	-	bent around the leg of the rider		
		s pass and cross in front of the inside legs		
	-	the direction in which it is moving		

• the horse is bent in the direction in which it is moving





ADVANCED	Introduces COUNTER CHANGE OF HAND IN TROT and CANTER, QUARTER AND HALF WORKING CANTER PIROUETTES, TEMPI CHANGES EVERY FOURTH AND THIRD STRIDE, HALF CIRCLE IN COUNTER CANTER	
MOVEMENT:	THREE SINGLE FLYING CHANGES OF LEAD, NEAR FIRST QUARTER LINE, AT X, AND NEAR LAST QUARTER LINE	
Movement 24:	HXF Change Rein – Three single flying changes of lead, near first quarter line, at x, and near last quarter line	
Directive for Executior	The directive is that judges do not need to count strides, but just follow the directive of the placement of the changes (near quarter line, near X, near quarter line. There is no reward for 4x changes, etc., but also no punishment. The main concerns of the judges are:	
	• The quality, balance, collection and control of the changes and that they are placed as per the movement- near the quarter line, near centre line, near quarter line. If the rider does not meet the directive of the placement then there are reasons for a negative effect on the mark	
MOVEMENT: 5B	QUARTER WORKING CANTER PIROUETTE	
Movement 20:	MX- On diagonal develop very collected canter, Approaching X Working pirouette right toward the letter H	
Execution:	Refer to 2.13.1 in the 2019 EA Rule Book	
	 This is less than a half pirouette in size, (a quarter pirouette) as the rider comes in on one diagonal and goes out on another Rider should accentuate the collection and control whilst executing this pirouette Horse should clearly take weight over the quarters and stay in a clear canter rhythm and balance with slight bend to the right Diagonals should be precisely ridden lines 	