



NOV/DEC 2021

In addition to EA's monthly newsletter EQUESTRAZINE, as a current EA registered coach you will receive a copy of IN THE ARENA so you can stay up to date on all EA coaching matters.



EA wishes all our coaches, members and their families a happy and safe festive season.

At a Glance – What's in this edition

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Know Your EA Coaching Committee

All current EA coaches are represented at the national level by members of the Board Appointed EA Coaching Committee (EACC). Your coaching representatives can be found [here](#). Summaries of their monthly meetings can be found [here](#).

Committee Changes - The EACC would like to thank Megan Joerg for her tireless support of EA coaching and her contribution to the EACC as the NSW Second Delegate from June 2021 through to November 2021.

We wish Megan well as she takes a well-deserved break from Coaching Committees after also serving on the Equestrian NSW Coaching Committee for many years.

The term for the EACC members representing EWA, EQ, NSW and EVIC concludes on 31/12/21. The State Branch CEOs nominated their representatives for the 2022/2023 term and we are pleased to announce Phillipa Collier (EWA), Tim Calkin (EVIC), Trudy Dougall (EQ) and Sally Ann Barbera (NSW) have been renominated for a second term. We welcome Caroline Hooper as 2022/23 Second Delegate for NSW.

Tamsin Adcock (ESA) and Judy Peel (ETAS) continue for their 2021/2022 term.

EA Riding Certificates

Are you planning your student programmes now for 2022?

Did you know the EA Riding/Personal Skills Certificates are not just pre-requisite courses for EA Coach training? The Riding Certificates are a stand-alone pathway which you can use to add structure, goal setting and recognition of achievement in your client training programmes.

There is a riding certificate for students who are at all stages of their riding journey – from beginner riders through to competitive athletes. Riders who are independently riding at walk, trot and canter and are aged 12 or older can start the Introductory Riding Certificate.

The EA Riding Pathway is designed to be completed sequentially. The Introductory Riding Certificate is the pre-requisite for the Level 1 Riding Certificate and the Level 1 Riding Certificate is the pre-requisite for the Level 2 Riding Certificate.

Equestrians starting out can check out the programmes at www.rideahorse.com.au. This EA website has all the information on getting involved with our **Ready Set Trot**, **Ready Set Vault** (under 12s) and **Trot Canter Gallop** programmes (for riders 12 years and up). The Gallop module of Trot Canter Gallop is the equivalent of the Introductory Riding Certificate. If an EA CE or SSTA is the assessor and signs off the Gallop assessments as competent, then the student also achieves their EA Introductory Certificates at the same time!

What competencies are assessed?

The EA website has complete information on the competencies that are assessed at each level. Here are the links:

[Introductory Riding/Personal Skills Assessment Slips](#)

[Level 1 Riding/Personal Skills - includes General, Dressage, Show Horse, Driving](#)

[Level 2 Riding Skills – Olympic Disciplines](#)

Who can assess my clients?

At Introductory Level your clients can be assessed by an EA accredited Skill Specific Trainer Assessor or a Coach Educator. For Level 1 and above, assessors must be EA accredited Coach Educators.

If you are not an SSTA or CE, you could hold end of year/end of term assessment days with a guest SSTA/CE.

For more information on which EA Coach Educators can sign what, refer to the link [here](#).

Can I assess my own clients?

If you are an EA accredited Skill Specific Trainer Assessor or an EA accredited Coach Educator, you can assess your own students.

How do my clients sign up?

Enrolment is simple, all your client needs to do is download the Coach Resource Order Form from the [Coaching Resources page on our website](#) and select the Introductory Riding workbook. EA membership is not a pre-requisite to enrol for Introductory and Level 1 Riding certificates.

Fast Tracking Riding Certificates Through Competition Results

If you have clients who are competitive riders, their results may qualify them to “fast track” components of their riding certificates. Here is how the process works:

Step 1:

The following are competition result requirements that allow the riding assessments of the EA Riding Certificates to be automatically signed off by a Coach Educator for each certificate level. *Candidates are still required to complete any off-horse assessments such as lungeing.*

REQUIRED COMPETITION RESULTS				
Level	General	Dressage	Jumping	Eventing
Intro	5 x Preliminary Dressage Tests > 60%	5 x Preliminary Tests > 60%	-	-
Level 1	2 x Novice Tests > 60% 2 x 90cm Jumping comps – no jumping penalties 2 x 80 cm Eventing comps – 2 x clear rounds XC	5 x Elementary tests > 60%	-	-
Level 2	2 x Medium Tests > 60% 2 x 1.15m Jumping comps – no jumping penalties 2 x CCI**/CIC** Eventing comps – qualifying score	5 X Advanced tests > 60%	5 x 1.3m Jumping comps with max. 6 faults in first round	5 x CCI***/CIC*** Eventing comps obtaining a qualifying score in each

Step 2:

Sight client’s proof of competition results. The Coach Educator completes the EA Coach Educator Endorsement form found [here](#) indicating the level the client is to enter the EA accreditation system, based on the matrix above.

The client completes the Skills Recognition Resource Order Form found [here](#) to purchase their resources. The client purchases **ALL** materials up to the level they have been endorsed to by the CE, eg. if a client is endorsed to L2 Riding then they purchase the set of Intro, L1 and L2 resource materials so all non-riding assessments can be assessed and assessment slips completed. There are discounted prices for purchasing “packs” based on the number of modules being purchased.

Once all assessments have been signed-off, the client submits the signed final assessment slip located in the back of the workbooks to National Office to receive the certificates of completion.

Coach Indemnity Waiver Forms

To access the new COACHING PARTICIPANT AGREEMENT, RISK WARNING, RELEASE AND INDEMNITY (AGREEMENT) waiver form click [here](#).

This form is a writable pdf so there is no need to print it out for each client – they can read the form online, sign it electronically, save a copy and send you a copy for your records.

The form is to be used for all clients - both EA and non-EA members.

It is the responsibility of the individual coach to ensure that any waivers or declarations meet the individual circumstances in which they operate.

The waiver is currently being further updated to cover the requirements of vaulting clients who do not wear helmets when they train. This updated waiver should be available early January 2022.

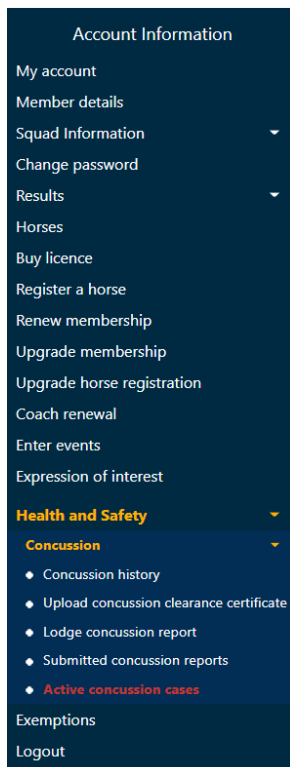
Health and Safety – How do I know if riders are on the Concussion On Hold list?

For the latest information on Health and Safety Training and reporting forms please go [here](#).

This is where you will find concussion training information and webinar dates, along with all your concussion reporting needs and protocols.

As coaches, you can access the current list of athletes on the Active Concussion Cases list via MyEA. This is a handy tool if you are coaching at clinics/protocol days where you may have new clients whose history is unknown to you. In addition to asking at the beginning of each lesson if there is anything you should know re health issues, you can check the list to ensure no On-Hold clients are participating that should be sitting out.

How to access the Active Concussion Cases list - Log on to MyEA using your EA member number and password (contact your State Branch if you have forgotten your password). On the left-hand side of the MyEA screen in the blue panel you will find Health and Safety. Expand this option by clicking on the downwards pointing triangular arrow to display the options, as per the picture below. Click on Active Concussion Cases to access the list of athletes currently with an On Hold status.



EQ, ENT and EWA Membership Status and Coaching Accreditation

EQ, ENT and EWA State Branch membership renewals are due 31/12/21. For those coaches who are members of these State Branches, please ensure that you have current membership (managed by your State Branch) as this is a requirement of being a current registered EA Coach.

Level 3 Coaching Course 2022

Attention Level 2 Coaches!!!

It's been a few years now since the last Level 3 Coaching course was run and planning is full steam ahead for a Level 3 Coaching Course to be held in 2022. The course runs over a 12 month period and comprises a mix of residential camps and project/presentation work.

The Level 3 Coaching Course eligibility is as follows:

Course	Equestrian Australia Level 3 Coaching Course	
Training Camp 1	March/April 2022 – Australian Institute of Sport	
Training Camps 2-4	2022 dates to be set at Training Camp 1 with the candidates.	
Pre-Requisites/ Eligibility Criteria	<p>To be eligible to attend professional development sessions: A currently registered EA Level 1 or Level 2 Coach (General or Specialist)</p> <p>To be eligible to attend training camps and be considered for accreditation at Level 3, potential candidates must:</p> <ol style="list-style-type: none"> 1) be a currently registered Level 2 coach 2) have a personal fitness level enabling them to physically complete the practical requirements and duties required of an EA L3 Coach; AND 3) show proof of either of the following: 	
Coaching Performance		
(to be substantiated by records of lessons and the performances of combinations, having been the primary coach of these combinations for at least the preceding 12 months):		
Accomplished Athlete Pathway Entry		Accomplished Coach Pathway Entry
- Eventing – coached at least 2 combinations competing at CCI 4* S and L		- Eventing – coached at least 4 combinations competing at CCI 4* S and L
- Jumping – coached at least 2 combinations competing at Grand Prix 1.40m level		- Jumping – coached at least 4 combinations competing at Grand Prix 1.40m level
- Dressage – coached at least 2 combinations to FEI Inter 1 or above.		- Dressage – coached at least 4 combinations to FEI Inter 1 or above.
- General – coached at least 1 combination in each discipline to EA Advanced Dressage, 1.25m Jumping and CCI 3* S and L Eventing		- General – coached at least 2 combinations in each discipline to EA Advanced Dressage and 1.25m Jumping and CCI 3* S and L Eventing
- Vaulting – Coached and trained at least 3 vaulter/horse combinations to CVI*** (open) for either Individual, PDD, Squad		- Vaulting – Coached a vaulter to CVI*** (open) level that has gained selection or competed at FEI Championship representing Australia
Personal Performance Criteria		
(Candidate must have been the sole rider of the horse used to satisfy the pre-requisites for a period of at least 12 months prior to gaining the performance used)		
Accomplished Athlete Pathway Entry		Accomplished Coach Pathway Entry
On at least 3 occasions the candidate must have competed:		Minimum requirement of the Level 2 Riding and Horse Management certificates (attained as part of completion of Level 2 accreditation).
- Eventing – CCI 4* S and L with a qualifying score		
- Jumping – at Grand Prix competitions over courses of 1.50m or above, with a maximum of 4 penalties in the first round.		
- Dressage - ridden and trained a horse at FEI Inter 2 or above, scoring at least 60% in official tests.		
- General – at EA Advanced Dressage or above scoring at least 60% in official tests, jumping competitions of 1.30m, max 4 penalties in first round and CCI 3* S and L with a qualifying score		
- Vaulting - Must have lunged at 3 National Championships or FEI CVI*** events - having lunged at these events a vaulter/horse combination at CVI*** (open) level		

EA National Office has maintained a database of Coaches who have expressed interest over the last few years in attending a Level 3 Coach course. We will be contacting these coaches to confirm their interest and we welcome initial contacts from other interested Coaches seeking more information. Places will be limited.

Please contact Sue.Birch@equestrian.org.au for more information on the course.

Expressions of Interest will also be called for from Level 3 Coaches interested in being Assessors at this course.

Coach Educator/Skill Specific Trainer Assessor Updates and Training Courses 2022

Do you need to update your CE or SSTA qualification in 2022?

Do you want to add the SSTA qualification to your resume?

Are you an SSTA who wants to become a CE?

State based CE/SSTA courses will be held, subject to demand, in 2022. To see if you are eligible to train for these qualifications, please refer to the following eligibility criteria:

Eligibility criteria to become a Skill Specific Trainer Assessor (SSTA)

As an EA accredited SSTA, you will be able to sign off on candidate Introductory Riding and Introductory Horse Management competencies.

To become an EA SSTA the Coach must meet the following criteria:

- *Must be a Level 1 or above coach who has been registered for at least 5 years within the previous 7 years.*
- *Be endorsed as suitable by their EA Branch Coaching Committee and/or the National Coaching Committee.*
- *Register and attend a three-day EA endorsed SSTA Training course; and*
- *Successfully complete the SSTA course, workbook and any/all subsequent requirements*
- *At this course participants must be found competent to:*
 - *Assess candidates in the Introductory Horse Management and Introductory Riding course according to the EA Coaching competency standards*
 - *Demonstrate competency in assessing according to the EA Coaching assessment policies, procedures and guidelines*

Eligibility criteria to become a Coach Educator (CE) -

As an EA accredited Coach Educator, you will be able to sign off on candidate Introductory, Level 1 and Level 2 Horse Management, Riding and Coaching courses according to the EA Coaching competency standards Introductory Riding and Introductory Horse Management competencies.

To become an EA CE the Coach must meet the following criteria:

- *Be a currently registered EA coach*
- *Held registration for no less than 5 of the previous 7 years.*
- *Have been a registered SSTA for at least the last two (2) years*
- *Be endorsed as suitable by their EA Branch Coaching Committee and/or the National Coaching Committee*
- *Register and attend a three-day EA endorsed CE Training course, and*
- *Successfully complete the CE course, workbook and any/all subsequent requirements*
- *At this course participants must be found competent to:*
 - *Assess candidates in the Introductory, Level 1 and Level 2 Horse Management, Riding and Coaching courses according to the EA Coaching competency standards*
 - *Demonstrate competency in assessing according to the EA Coaching assessment policies, procedures, and guidelines*

Keep an eye on the Education calendar. Dates will be posted as soon as they are confirmed.

Webinars and Podcasts

Office of Sport – Coaching Pre-Elite Athletes - Videos

The Pathway Coaches Webinars and Workshops are a series of professional development opportunities for Coaches of Pre-Elite Athletes. The webinars and workshops are conducted by the Office of Sport and feature topics of interest to coaches who are coaching athletes in their sport's pathway programs at the pre-elite level below the High Performance level.

You can access these videos [here](#).

Sport Australia – Coaching and Officiating Podcast Series

Sport Australia's new Podcast series on Coaching and Officiating is now live, with a new episode to be published every two weeks.

Click [here](#) for see what is available.

R U OK?

If you are interested in obtaining further resources to support you in this space, click [here](#).

EA Coach Branding

Logos and EA Coach Apparel

EA have launched a range of EA Coach apparel. Supply and delivery of items is being managed by clothing company Twenty Four Seven and can be ordered [here](#).

Quick Links

If you have questions or require information, the EA website has a HUGE amount of information available to our coaches. This includes:

- The [EA Coach Resource Section](#) has order forms for coach resources, coach educator resources, familiarisation forms, fast tracking, insurance and more.
- [EA Coach FAQ](#) page provides details like 'what level can I coach to based on my accreditation?', 'What level of CE/SSTA can sign my assessment slips?' etc
- The [EA Coach Insurance FAQ](#) page provides answers to commonly asked insurance questions.

Contact Us

We can be contacted by phone on 02 8762 7777, or by email at coaching@equestrian.org.au.

The EA website is also incredibly comprehensive with a significant amount of information available to coaches: www.equestrian.org.au

If you would like to see an item included in our next IN THE ARENA, please let us know! This newsletter is for EA coaches and we welcome your feedback.