

6: Lesson Plan – Lungeing a Rider

This activity may be discussed in advance with the Coach Educator. The lesson plan must then be prepared and presented to the Coach Educator to assess. The Coach Educator shall then discuss the Lesson Plan with the Candidate

Candidate Name:

Date:

Venue:

Name of Rider:

Skill Level of Rider:

Goals for the Lesson:

Equipment Required:

ELEMENT	ACTIVITY	TEACHING NOTES (What/How/Why)
Introductions Including: gear check, explain lesson goals and emergency stop procedure		
Warm-Up*		
Skill Demonstration & Instruction*		
Skill Practice		
Feedback/ Questioning Techniques		
Evaluation		

* These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Coach Educator (CE) Declaration

IC– Assessment Slip 6.1

Candidate Name:

Coach Educator

I am satisfied that the proposed lesson plan is safe and suitable for the horse and rider

Name:

NCAS Level:

E-mail address:

Phone Number:

Assessment Location:

Signature:

Date: