ICDC ASSESSMENT SLIPS 3-5 – Lesson Plans/Coaching Practical

Practical Assessment Guidelines

The following three (3) assessment slips each include three (3) lessons made up of a lesson plan and the practical delivery. The lesson plan must be completed and assessed first, followed by a practical coaching lesson based on that lesson plan.

The reason the nine (9) lessons are split into three (3) assessment slips is to more easily allow the candidate to be assessed my multiple CE's, and to ensure a single CE does not assess all of the candidates coaching.

The three (3) lessons in each Assessment Slip 3 are ideally assessed by the same CE.

Assessment Slip 3 – 3 x Dressage Lessons (pages 24-35) Assessment Slip 4 – 3 x Cones Lessons 1-3 (pages 36-47) Assessment Slip 5 – 3 x Marathon Lessons 4-6 (pages 48-59)

A single CE can assess NO MORE than two (2) of these assessment slips. At least one of the assessment slips 3, 4 or 5 MUST be assessed by a different CE.

Supervision:

- The Lesson Plan activity may be discussed in advance with the Coach Educator. The lesson plans must then be prepared and presented to the Coach Educator to assess. The Coach Educator shall then discuss the Lesson Plans with the Candidate.
- After the Lesson Plans have been assessed by the Coach Educator, the candidate must demonstrate their ability in coaching lessons based on Lesson Plans under the supervision of a Coach Educator

Candidate information:

- The purpose of the lesson plan activity is to demonstrate sound teaching methods and an awareness of how skills are built upon and sequenced in a safe and appropriate manner
- The coaching tasks are designed for the candidate to demonstrate their ability in coaching lessons at the beginner level.
- Prior to beginning any instructional assessment activities the Coach Educator must sign the candidate's lesson plan.

Assessment:

- Should the Lesson Plans be unsuitable for any reason, the Coach Educator will discuss this with the Candidate, who may amend the plans and re-present them to the Coach Educator for further assessment and discussion.
- Re-assessment of the practical coaching component may be performed directly after the initial assessment, or at a time negotiated with the Coach Educator

Dressage Lesson Plan: Number 1 Candidate Name: Date: Venue: Name of Athlete(s): Skill Level of Athlete(s): Goals for the Lesson: **Equipment Required: ELEMENT ACTIVITY** TEACHING NOTES (What/How/Why) **Introductions** Including: gear check, explain lesson goals and emergency stop procedure Warm-Up* Skill **Demonstration** & Instruction* **Skill Practice** Feedback/ Questioning **Techniques Evaluation**

^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Arena Plans and Additional Notes:	
Coach Educator (CE) Declaration	ICDC- Assessment Slip 3.1a
Candidate Name:	EA No.
Coach Educator	
I am satisfied that the candidate has demonstrated competence in o	developing this lesson in a safe and
well-sequenced manner. I am a currently registered EA Coach Educ	ator.
Name:	NCAS Level:
E-mail address:	Phone Number:
	Filolie Nulliber:
Assessment Location:	
Signature:	Nate:

Assessment of Practical Coaching Skills – Coaching an Dressage Lesson Plan Number 1 **CANDIDATE COACH NAME: VENUE: COACH EDUCATORS NAME:** DATE: **Overall Result:** Competent / Not Yet Competent X / √ C/NYC Overview Name of Skill COMMENTS & WHY Gear check SECTION 1) SAFETY Identification of special needs **Emergency Stop procedure** established Safe equipment and environment Introduction: **SECTION** 2) Clear and concise INTRODUCTION, DEMONSTRATION Purpose of the lesson established WARM-UP * Demonstration and Demonstration*: Warm-Up can be done in Accurate any order Suitable Warm-Up (& initial assessment): Suitable Athlete(s)/Horse assessment Relevance to lesson Clear & concise explanation about how to use the relevant aids Perceptive and attentive to the SECTION 3) needs of the individual **LESSON CONTENT &** Use a variety of techniques **GENERAL COACHING** (strategies) to teach skills **S**KILLS Ensure all athlete(s) are recognised in a training session Communicate instructions clearly and accurately **Lesson Structure** (Did the coach?) Outline the Lesson plan for the athlete(s) Was the lesson plan suitable for the athlete(s) ability Did the coach adjust the lesson plan according to the athlete(s)s ability Maintain athlete(s) focus throughout Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of athlete(s) Safe dismissal **Time Management** Demonstrate effective time management to ensure completion

Not Yet Competent Coach Educator (C Candidate Nam Coach Educator I am satisfied that the	you went well? What could y Date: CE: CE) Declaration candidate has demonstrated of thy registered EA Coach Educa	Date: CE: competence in teaching cator.	ICDC- Asse	essment Slip 3.1b
Not Yet Competent Coach Educator (C Candidate Nam Coach Educator I am satisfied that the manner. I am a curren Name: E-mail address:	you went well? What could y Date: CE: CE) Declaration candidate has demonstrated of thy registered EA Coach Educa	Date: CE: competence in teaching cator.	ICDC— Asse EA Not groups in a safe and	essment Slip 3.1b
Not Yet Competent Coach Educator (C Candidate Nan Coach Educator I am satisfied that the manner. I am a curren	you went well? What could y Date: CE: CE) Declaration candidate has demonstrated of	Date: CE: competence in teaching gator.	ICDC— Asse	essment Slip 3.1b
Not Yet Competent Coach Educator (C Candidate Nam Coach Educator I am satisfied that the	you went well? What could y Date: CE: CE) Declaration candidate has demonstrated of	Date: CE:	ICDC- Asse	essment Slip 3.1b
Not Yet Competent Coach Educator (C	you went well? What could y Date: CE: CE) Declaration	Date:	Dat CE: ICDC- Asse	essment Slip 3.1b
Not Yet Competent	you went well? What could y t Date: CE:	Date:	Dai CE:	
Where do you believe	you went well? What could y	Date:	Dat	
Where do you believe	you went well? What could y	Date:	Dat	
		you improve? How will y	ou do this?	
			da Haisa	
	e candidate need to continue vhether the candidate was four		emonstrate in futur	e (please complete this
Coach Educator Feet What were the positive	dback: e aspects/strengths of the less	on?		
	visual, verbal, tactile, que discussion			
	- Feedback is correct and soon as possible after to completion - Provide a variety of feed	nance d given as task		
	and the entire group - Feedback is conveyed in manner to encourage of			
	performance/learningFeedback given to both			
	- Feedback given to both	ange in		

Dressage Lesson Plan: Number 2 Candidate Name: Date: Venue: Name of Athlete(s): Skill Level of Athlete(s): **Goals for the Lesson: Equipment Required: ELEMENT ACTIVITY TEACHING NOTES** (What/How/Why) Introductions Including: gear check, explain lesson goals and emergency stop procedure Warm-Up* Skill Demonstration & Instruction* **Skill Practice** Feedback/ Questioning **Techniques Evaluation**

^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Arena Pians and Additional Notes:	
Coach Educator (CE) Declaration	ICDC- Activity Slip 3.2a
Candidate Name:	EA No.
Coach Educator	
I am satisfied that the candidate has demonstrated competence in develo	ping this lesson in a safe and
well-sequenced manner. I am a currently registered EA Coach Educator.	· •
Name:	NCAS Level:
E-mail address:	Phone Number:
Assessment Location:	
	Date:

Assessment of Practical Coaching Skills – Coaching an Dressage Lesson Plan Number 2 **CANDIDATE COACH NAME:** VENUE: **COACH EDUCATORS NAME:** DATE: **Overall Result:** Competent / Not Yet Competent Overview Name of Skill X / √ C/NYC COMMENTS & WHY Gear check SECTION 1) SAFETY Identification of special needs **Emergency Stop procedure** established Safe equipment and environment Introduction: SECTION 2) INTRODUCTION, Clear and concise DEMONSTRATION Purpose of the lesson established WARM-UP * Demonstration and Demonstration*: Warm-Up can be done in Accurate any order Suitable Warm-Up (& initial assessment): Suitable Athlete(s)/Horse assessment Relevance to lesson Clear & concise explanation about how to use the relevant aids Perceptive and attentive to the SECTION 3) needs of the individual **LESSON CONTENT &** Use a variety of techniques **GENERAL COACHING** (strategies) to teach skills SKILLS Ensure all athlete(s)s are recognised in a training session Communicate instructions clearly and accurately **Lesson Structure** (Did the coach?) Outline the Lesson plan for the athlete(s) Was the lesson plan suitable for the athlete(s) ability Did the coach adjust the lesson plan according to the athlete(s)s ability Maintain athlete(s) focus throughout Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of athlete(s) Safe dismissal **Time Management** Demonstrate effective time management to ensure completion

What aspect/s does the	e candidate need to continue workin hether the candidate was found C /	is easy is and in iduals issitive in as styles: ning,	n future (please complete this
Where do you believe y		nprove? How will you do this?	
Not Yet Competent		Date:	Date:
	CE:	CE:	CE:
Coach Educator (C	E) Declaration	ICDC-	- Assessment Slip 3.2b
Candidate Nam	ne:		EA No.
	candidate has demonstrated compe tly registered EA Coach Educator.	tence in teaching groups in a sa	ife and well-sequenced
Name:		NCAS Level:	
E-mail address:		Phone Numb	er:
Assessment Locati	on:		
Signature:		Date:	

Dressage Lesson Plan: Number 3 Candidate Name: Date: Name of Athlete(s): Goals for the Lesson: Equipment Required:

ELEMENT	ACTIVITY	TEACHING NOTES (What/How/Why)
Introductions		
Including: gear check, explain		
lesson goals and		
emergency stop		
procedure		
Warm-Up*		
Skill		
Demonstration		
& Instruction*		
Skill Practice		
Feedback/		
Questioning		
Techniques		
Evaluation		
* There were by its sixher.		

^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Arena Plans and Additional Notes:	
Coach Educator (CE) Declaration	ICDC— Activity Slip 3.3a
Candidate Name:	EA No.
Coach Educator	
I am satisfied that the candidate has demonstrated competence in devell-sequenced manner. I am a currently registered EA Coach Educato	veloping this lesson in a safe and
Name:	NCAS Level:
E-mail address:	Phone Number:
Assessment Location:	
Signature:	Date:

Assessment of Practical Coaching Skills – Coaching an Dressage Lesson Plan Number 3 **CANDIDATE COACH NAME:** VENUE: **COACH EDUCATORS NAME:** DATE: **Overall Result:** Competent / Not Yet Competent Overview Name of Skill X / √ C/NYC COMMENTS & WHY Gear check SECTION 1) SAFETY Identification of special needs **Emergency Stop procedure** established Safe equipment and environment Introduction: SECTION 2) INTRODUCTION, Clear and concise DEMONSTRATION Purpose of the lesson established WARM-UP * Demonstration and Demonstration*: Warm-Up can be done in Accurate any order Suitable Warm-Up (& initial assessment): Suitable Athlete(s)/Horse assessment Relevance to lesson Clear & concise explanation about how to use the relevant aids Perceptive and attentive to the SECTION 3) needs of the individual **LESSON CONTENT &** Use a variety of techniques **GENERAL COACHING** (strategies) to teach skills SKILLS Ensure all athlete(s)s are recognised in a training session Communicate instructions clearly and accurately **Lesson Structure** (Did the coach?) Outline the Lesson plan for the athlete(s) Was the lesson plan suitable for the athlete(s) ability Did the coach adjust the lesson plan according to the athlete(s)s ability Maintain athlete(s) focus throughout Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of athlete(s) Safe dismissal **Time Management** Demonstrate effective time management to ensure completion of training session

What aspect/s does the	e candidate need to continue working hether the candidate was found C /	g on to improve/demonstrate in NYC)	n future (please complete this
Where do you believe y	,	prove? How will you do this?	
Not Yet Competent	Date:	Date:	Date:
	CE:	CE:	CE:
Coach Educator (C	E) Declaration	ICDC	– Assessment Slip 3.3b
Candidate Nam	ie:		EA No.
	candidate has demonstrated compet tly registered EA Coach Educator.	ence in teaching groups in a s	afe and well-sequenced
Name:		NCAS Level:	
E-mail address:		Phone Numb	oer:
Assessment Locati	ion:		
Signature:		Date:	

Cones Lesson Plan: Number 1 Candidate Name: Date: Venue: Name of Athlete(s): Skill Level of Athlete(s): **Goals for the Lesson: Equipment Required: ELEMENT ACTIVITY TEACHING NOTES** (What/How/Why) **Introductions** Including: gear check, explain lesson goals and emergency stop procedure Warm-Up* Skill **Demonstration** & Instruction* **Skill Practice** Feedback/ Questioning **Techniques Evaluation**

^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Alena Pians and Additional Notes.	
Coach Educator (CE) Declaration	ICDC- Activity Slip 4.1 a
Candidate Name:	EA No.
Coach Educator I am satisfied that the candidate has demonstrated competence well-sequenced manner. I am a currently registered EA Coach I	e in developing this lesson in a safe and Educator.
Name:	NCAS Level:
E-mail address:	Phone Number:
Assessment Location:	
Signature:	Date:

Assessment of Practical Coaching Skills — Coaching a Cones Lesson Plan Number 1

CANDIDATE COACH NAM	ME:	VE	NUE:	
COACH EDUCATORS NA	ME:	D/	ATE:	
Overall Result:	Competent / Not Yet Competent			
Overview	Name of Skill	X / √	C/NYC	COMMENTS & WHY
SECTION 1) SAFETY	 Gear check Identification of special needs Emergency Stop procedure established Safe equipment and environment 			
SECTION 2) INTRODUCTION, DEMONSTRATION & WARM-UP * Demonstration and Warm-Up can be done in any order	Introduction: - Clear and concise - Purpose of the lesson established Demonstration*: - Accurate - Suitable			
	Warm-Up (& initial assessment): - Suitable - Athlete(s)/Horse assessment - Relevance to lesson - Clear & concise explanation about how to use the relevant aids			
SECTION 3) LESSON CONTENT & GENERAL COACHING SKILLS	 Perceptive and attentive to the needs of the individual Use a variety of techniques (strategies) to teach skills Ensure all athlete(s)s are recognised in a training session Communicate instructions clearly and accurately 			
	Lesson Structure (Did the coach?) Outline the Lesson plan for the athlete(s) Was the lesson plan suitable for the athlete(s) ability Did the coach adjust the lesson plan according to the athlete(s)s ability Maintain athlete(s) focus throughout lesson Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of athlete(s) Safe dismissal Time Management Demonstrate effective time management to ensure completion			
	management to ensure completion of training session			

Not Yet Competent Coach Educator (C Candidate Nam Coach Educator I am satisfied that the	Date: CE: CE) Declaration candidate has demonstrated of thy registered EA Coach Educa	Date: CE: competence in teaching gator. NC	Date: CE: ICDC- Assess	ment Slip 4.1b
Not Yet Competent Coach Educator (C Candidate Nam Coach Educator I am satisfied that the manner. I am a curren Name: E-mail address:	Date: CE: CE) Declaration candidate has demonstrated of thy registered EA Coach Educa	Date: CE: competence in teaching gator. NC	Date: CE: ICDC- Assess EA No. roups in a safe and we AS Level:	
Not Yet Competent Coach Educator (C Candidate Nam Coach Educator I am satisfied that the manner. I am a curren Name:	you went well? What could y Date: CE: CE) Declaration candidate has demonstrated of	Date: CE: competence in teaching gator. NC	Date: CE: ICDC- Assess EA No. roups in a safe and we AS Level:	
Not Yet Competent Coach Educator (C Candidate Nam Coach Educator I am satisfied that the	you went well? What could y Date: CE: CE) Declaration candidate has demonstrated of	Date: CE: competence in teaching g	Date: CE: ICDC- Assess	
Not Yet Competent Coach Educator (C	Date: CE: CE:	Date:	Date: CE: ICDC- Assess	ment Slip 4.1b
Not Yet Competent	you went well? What could y b Date: CE:	Date:	Date: CE:	ment Slip 4.1b
Where do you believe	you went well? What could y	Date:	Date:	
Where do you believe	you went well? What could y	Date:	Date:	
		you improve? How will yo	ou do this?	
		vou improvo? How will w	ou do thic?	
	e candidate need to continue whether the candidate was foun		emonstrate in future (p	olease complete this
	e aspects/strengths of the less	on?		
Coach Educator Fee	visual, verbal, tactile, q discussion	uestioning,		
	 Feedback is correct and soon as possible after to completion Provide a variety of feed 	d given as task edback styles:		
	- Feedback is conveyed in manner to encourage of and/or reward performs	change		
	and the chine group			
	Feedback given to both and the entire group	ı individuals		
		ange in		

Cones Lesson Plan: Number 2 Candidate Name: Date: Venue: Name of Athlete(s): Skill Level of Athlete(s): **Goals for the Lesson: Equipment Required: ELEMENT ACTIVITY TEACHING NOTES** (What/How/Why) Introductions Including: gear check, explain lesson goals and emergency stop procedure Warm-Up* Skill Demonstration & Instruction* **Skill Practice** Feedback/ Questioning **Techniques Evaluation**

^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Arena Plans and Additional Notes:	
Coach Educator (CE) Declaration	ICDC— Activity Slip 4.2a
Candidate Name:	EA No.
Coach Educator	
I am satisfied that the candidate has demonstrated competence in develowell-sequenced manner. I am a currently registered EA Coach Educator.	pping this lesson in a safe and
Name:	NCAS Level:
E-mail address:	Phone Number:
Assessment Location:	
Signature:	Date:

Equestrian Australia Education Department Assessment of Practical Coaching Skills – Coaching a Cones Lesson Plan Number 2 **CANDIDATE COACH NAME:** VENUE: **COACH EDUCATORS NAME:** DATE: **Overall Result:** Competent / Not Yet Competent Overview Name of Skill X / √ C/NYC COMMENTS & WHY Gear check SECTION 1) SAFETY Identification of special needs **Emergency Stop procedure** established Safe equipment and environment Introduction: SECTION 2) INTRODUCTION, Clear and concise DEMONSTRATION Purpose of the lesson established WARM-UP * Demonstration and Demonstration*: Warm-Up can be done in Accurate any order Suitable Warm-Up (& initial assessment): Suitable Athlete(s)/Horse assessment Relevance to lesson Clear & concise explanation about how to use the relevant aids Perceptive and attentive to the SECTION 3) needs of the individual **LESSON CONTENT &** Use a variety of techniques **GENERAL COACHING** (strategies) to teach skills SKILLS Ensure all athlete(s)s are recognised in a training session Communicate instructions clearly and accurately **Lesson Structure** (Did the coach?) Outline the Lesson plan for the athlete(s) Was the lesson plan suitable for the athlete(s) ability Did the coach adjust the lesson plan according to the athlete(s)s ability Maintain athlete(s) focus throughout

Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of

Demonstrate effective time management to ensure completion

of training session

athlete(s)

- Safe dismissal

Time Management

	candidate has demonstrate tly registered EA Coach Edu	ucator.	EA No. Sups in a safe and well-sequence S Level: ne Number:	
Candidate Name Coach Educator I am satisfied that the manner. I am a current Name:	candidate has demonstrate	ucator.	oups in a safe and well-sequence	
Candidate Name Coach Educator I am satisfied that the manner. I am a current	candidate has demonstrate	ucator.	oups in a safe and well-sequence	
			EA No.	4.2b
Coach Educator (C	E) Declaration			4.2b
			ICDC- Assessment Slip	
i .	CE:	CE:	CE:	
Not Yet Competent	Date:	Date:	Date:	
Candidate's Self- Eve Where do you believe y		ld you improve? How will you	ı do this?	
	e candidate need to continu hether the candidate was f		nonstrate in future (please comp	lete this
Coach Educator Feed What were the positive	dback: aspects/strengths of the le	esson?		
	 Feedback is correct a soon as possible after completion Provide a variety of visual, verbal, tactile discussion 	and given as er task feedback styles:		
	- Feedback is conveyed manner to encourage and/or reward perfo	ed in a positive ne change		
	phrases to promote performance/learnin - Feedback given to be	oth individuals		
	- Feedback contains k			

Candidate Name: Date: Venue: Name of Athlete(s): Skill Level of Athlete(s): Goals for the Lesson: Equipment Required: ELEMENT ACTIVITY TEACHING NOTES (What/How/Why) Introductions

Introductions	
Including: gear	
check, explain	
lasses seeds and	
lesson goals and	
emergency stop	
emergency stop	
procedure	
Warm-Up*	
Skill	
Demonstration	
& Instruction*	
& THER ACTION.	
Skill Practice	
Skill Plactice	
Feedback/	
1 ccubacky	
Questioning	
Techniques	
reciniques	
Evaluation	
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^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Arena Plans and Additional Notes:	
Coach Educator (CE) Declaration	ICDC- Activity Slip 4.3a
Candidate Name:	EA No.
Coach Educator	
I am satisfied that the candidate has demonstrated competence in development	pping this lesson in a safe and
well-sequenced manner. I am a currently registered EA Coach Educator.	
Name:	NCAS Level:
E-mail address:	Phone Number:
Assessment Location:	
Signature:	Date:

Assessment of Practical Coaching Skills – Coaching a Cones Lesson Plan Number 3 CANDIDATE COACH NAME:

CANDIDATE COACH NAME:			VENUE:		
COACH EDUCATORS NAME:		Date:			
Overall Result:	rerall Result: Competent / Not Yet Competent				
Overview	Name of Skill	X / √	C/NYC	COMMENTS & WHY	
Section 1) Safety	 Gear check Identification of special needs Emergency Stop procedure established Safe equipment and environment 				
SECTION 2) INTRODUCTION, DEMONSTRATION & WARM-UP * Demonstration and Warm-Up can be done in any order	Introduction: - Clear and concise - Purpose of the lesson established Demonstration*: - Accurate - Suitable Warm-Up (& initial assessment): - Suitable - Athlete(s)/Horse assessment - Relevance to lesson				
SECTION 3) LESSON CONTENT & GENERAL COACHING SKILLS	 Clear & concise explanation about how to use the relevant aids Perceptive and attentive to the needs of the individual Use a variety of techniques (strategies) to teach skills Ensure all athlete(s)s are recognised in a training session Communicate instructions clearly and accurately 				
	Lesson Structure (Did the coach?) Outline the Lesson plan for the athlete(s) Was the lesson plan suitable for the athlete(s) ability Did the coach adjust the lesson plan according to the athlete(s)s ability Maintain athlete(s) focus throughout lesson Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of athlete(s) Safe dismissal Time Management				
	 Demonstrate effective time management to ensure completion of training session 				

	candidate has demonstrated tly registered EA Coach Educa	ator. No	EA No. groups in a safe and well-sequence CAS Level: none Number:	uenced
Candidate Name Coach Educator I am satisfied that the manner. I am a curren Name:	candidate has demonstrated	ator. No	groups in a safe and well-seq	uenced
Candidate Name Coach Educator I am satisfied that the manner. I am a curren	candidate has demonstrated	ator.	groups in a safe and well-seq	uenced
	ne:		EA No.	
Coach Educator (C				
	E) Declaration		ICDC- Assessment	: Slip 4.3b
	CE:	CE:	CE:	
Not Yet Competent	: Date:	Date:	Date:	
Candidate's Self- Ev Where do you believe	aluation: you went well? What could	you improve? How will y	you do this?	
	e candidate need to continue hether the candidate was fou		lemonstrate in future (please	complete this
That were the positive	aspects, strengths of the less	3311.		
Coach Educator Feet		son?	<u> </u>	
	Feedback is correct an soon as possible after completion Provide a variety of fee visual, verbal, tactile, of discussion	task edback styles:		
	- Feedback is conveyed manner to encourage and/or reward perforn	change nance		
	phrases to promote ch performance/learning - Feedback given to both and the entire group			
	 Feedback contains key 			

Marathon Lesson Plan: Number 1 Candidate Name: Date: Venue: Name of Athlete(s): Skill Level of Athlete(s): **Goals for the Lesson: Equipment Required: ELEMENT ACTIVITY TEACHING NOTES** (What/How/Why) **Introductions** Including: gear check, explain lesson goals and emergency stop procedure Warm-Up* Skill **Demonstration** & Instruction* **Skill Practice** Feedback/ Questioning **Techniques Evaluation**

^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Arena Plans and Additional Notes:	
Coach Educator (CE) Declaration	ICDC- Activity Slip 5.1a
Candidate Name:	EA No.
Coach Educator	
I am satisfied that the candidate has demonstrated competence in deve	oping this lesson in a safe and
well-sequenced manner. I am a currently registered EA Coach Educator.	
Name:	NCAS Level:
E-mail address:	Phone Number:
Assessment Location:	
Signature:	Date

Assessment of Practical Coaching Skills – Coaching a Marathon Lesson Plan Number 1 **CANDIDATE COACH NAME:** VENUE: **COACH EDUCATORS NAME:** DATE: **Overall Result:** Competent / Not Yet Competent Overview Name of Skill X / √ C/NYC COMMENTS & WHY Gear check SECTION 1) SAFETY Identification of special needs **Emergency Stop procedure** established Safe equipment and environment Introduction: SECTION 2) INTRODUCTION, Clear and concise DEMONSTRATION Purpose of the lesson established WARM-UP * Demonstration and Demonstration*: Warm-Up can be done in Accurate any order Suitable Warm-Up (& initial assessment): Suitable Athlete(s)/Horse assessment Relevance to lesson Clear & concise explanation about how to use the relevant aids Perceptive and attentive to the SECTION 3) needs of the individual **LESSON CONTENT &** Use a variety of techniques **GENERAL COACHING** (strategies) to teach skills SKILLS Ensure all athlete(s)s are recognised in a training session Communicate instructions clearly and accurately **Lesson Structure** (Did the coach?) Outline the Lesson plan for the athlete(s) Was the lesson plan suitable for the athlete(s) ability Did the coach adjust the lesson plan according to the athlete(s)s ability Maintain athlete(s) focus throughout Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of athlete(s) Safe dismissal **Time Management** Demonstrate effective time

management to ensure completion

Not Yet Competent Coach Educator (C Candidate Nan Coach Educator I am satisfied that the	CE: CE) Declaration 1e: candidate has demonstratively registered EA Coach Ed	NCA	Date: CE: ICDC— Assessment Sli EA No. ups in a safe and well-sequence S Level: ne Number:	
Not Yet Competent Coach Educator (Coach Educator I am satisfied that the manner. I am a current Name:	CE: CE) Declaration 1e: candidate has demonstrat	ed competence in teaching groups lucator.	CE: ICDC— Assessment Sli EA No. ups in a safe and well-sequence S Level:	
Not Yet Competent Coach Educator (C Candidate Nan Coach Educator I am satisfied that the manner. I am a curren	CE: CE) Declaration 1e: candidate has demonstrat	ed competence in teaching gro	CE: ICDC— Assessment Sli EA No. ups in a safe and well-sequence	
Not Yet Competent	CE: Declaration		CE: ICDC- Assessment Sli	p 5.1b
Not Yet Competent	CE:		CE:	p 5.1b
	t Date:	Date:	Date:	
where do you believe				
Candidate's Self- Ev		uld you improve? How will you	do this?	
	e candidate need to contin hether the candidate was	ue working on to improve/den found C / NYC)	nonstrate in future (please com	plete this
Coach Educator Fee What were the positive	dback: e aspects/strengths of the	lesson?		
	 Feedback is correct soon as possible aft completion Provide a variety of visual, verbal, tactile discussion 	er task feedback styles:		
	and the entire grou - Feedback is convey manner to encoura and/or reward perfo	red in a positive ge change		
	 Feedback contains I phrases to promote performance/learnir Feedback given to be 	change in		

Marathon Lesson Plan: Number 2 Candidate Name: Date: Venue: Name of Athlete(s): Skill Level of Athlete(s): **Goals for the Lesson: Equipment Required: ELEMENT ACTIVITY TEACHING NOTES** (What/How/Why) **Introductions** Including: gear check, explain lesson goals and emergency stop procedure Warm-Up* Skill **Demonstration** & Instruction* **Skill Practice** Feedback/ Questioning **Techniques Evaluation**

^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Arena Plans and Additional Notes:	
Coach Educator (CE) Declaration	ICDC- Activity Slip 5.2a
Candidate Name:	EA No.
Coach Educator	
I am satisfied that the candidate has demonstrated competence in deve	oping this lesson in a safe and
well-sequenced manner. I am a currently registered EA Coach Educator.	
Name:	NCAS Level:
E-mail address:	Phone Number:
Assessment Location:	
Signature:	Date

Assessment of Practical Coaching Skills – Coaching a Marathon Lesson Plan Number 2 **CANDIDATE COACH NAME:** VENUE: **COACH EDUCATORS NAME:** DATE: **Overall Result:** Competent / Not Yet Competent Overview Name of Skill X / √ C/NYC COMMENTS & WHY Gear check SECTION 1) SAFETY Identification of special needs **Emergency Stop procedure** established Safe equipment and environment Introduction: SECTION 2) INTRODUCTION, Clear and concise DEMONSTRATION Purpose of the lesson established WARM-UP * Demonstration and Demonstration*: Warm-Up can be done in Accurate any order Suitable Warm-Up (& initial assessment): Suitable Athlete(s)/Horse assessment Relevance to lesson Clear & concise explanation about how to use the relevant aids Perceptive and attentive to the SECTION 3) needs of the individual **LESSON CONTENT &** Use a variety of techniques **GENERAL COACHING** (strategies) to teach skills SKILLS Ensure all athlete(s)s are recognised in a training session Communicate instructions clearly and accurately **Lesson Structure** (Did the coach?) Outline the Lesson plan for the athlete(s) Was the lesson plan suitable for the athlete(s) ability Did the coach adjust the lesson plan according to the athlete(s)s ability Maintain athlete(s) focus throughout Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of athlete(s) Safe dismissal **Time Management**

Demonstrate effective time management to ensure completion

E-mail address: Assessment Locati	ion:	Phor	e Number:	
		Phor	e Number:	
ramer				
	candidate has demonstrated compete tly registered EA Coach Educator.		ups in a safe and well-seques to be sequestions.	uenced
Candidate Nam	ne:		EA No.	
Coach Educator (C	E) Declaration		ICDC- Assessment	t Slip 5.2b
	CE:	CE:	CE:	
Not Yet Competent	Date:	Date:	Date:	
Candidate's Self- Eva Where do you believe y	aluation: you went well? What could you imp	prove? How will you	do this?	
	e candidate need to continue working hether the candidate was found C / N		onstrate in future (please	complete this
Coach Educator Feed What were the positive	Iback: aspects/strengths of the lesson?			
	 Feedback is correct and given soon as possible after task completion Provide a variety of feedback s visual, verbal, tactile, question discussion 	styles:		
	- Feedback is conveyed in a pos manner to encourage change and/or reward performance			
	Feedback contains keys words phrases to promote change in performance/learning Feedback given to both individ and the entire group			
SECTION 4) FEEDBACK SKILLS	about the performance that is to understand	easy		

Marathon Lesson Plan: Number 3 Candidate Name: Date: Name of Athlete(s): Goals for the Lesson: Equipment Required: TEACHING NOTES (What/How/M/by)

ELEMENT	ACTIVITY	TEACHING NOTES (What/How/Why)
Introductions Including: gear check, explain lesson goals and emergency stop procedure		
Warm-Up*		
Skill Demonstration & Instruction*		
Skill Practice		
Feedback/ Questioning Techniques		
Evaluation		

^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Arena Plans and Additional Notes:	
Coach Educator (CE) Declaration	ICDC- Activity Slip 5.3a
Coach Educator (CE) Deciaration	TCDC- Activity Slip 5.3a
Candidate Name:	EA No.
Coach Educator	
I am satisfied that the candidate has demonstrated competence in develo	ping this lesson in a safe and
well-sequenced manner. I am a currently registered EA Coach Educator.	
Name:	NCAS Level:
E-mail address:	Phone Number:
Assessment Location:	
Signature:	Date:

Assessment of Practical Coaching Skills – Coaching a Marathon Lesson Plan Number 3 **CANDIDATE COACH NAME:** VENUE: **COACH EDUCATORS NAME:** DATE: **Overall Result:** Competent / Not Yet Competent Overview Name of Skill X / √ C/NYC COMMENTS & WHY Gear check SECTION 1) SAFETY Identification of special needs **Emergency Stop procedure** established Safe equipment and environment Introduction: SECTION 2) INTRODUCTION, Clear and concise DEMONSTRATION Purpose of the lesson established WARM-UP * Demonstration and Demonstration*: Warm-Up can be done in Accurate any order Suitable Warm-Up (& initial assessment): Suitable Athlete(s)/Horse assessment Relevance to lesson Clear & concise explanation about how to use the relevant aids Perceptive and attentive to the SECTION 3) needs of the individual **LESSON CONTENT &** Use a variety of techniques **GENERAL COACHING** (strategies) to teach skills SKILLS Ensure all athlete(s)s are recognised in a training session Communicate instructions clearly and accurately **Lesson Structure** (Did the coach?) Outline the Lesson plan for the athlete(s) Was the lesson plan suitable for the athlete(s) ability Did the coach adjust the lesson plan according to the athlete(s)s ability Maintain athlete(s) focus throughout Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of athlete(s) Safe dismissal **Time Management** Demonstrate effective time

management to ensure completion

SECTION 4) FEEDBACK SKILLS	 Feedback contains information about the performance that is to understand Feedback contains keys words phrases to promote change in performance/learning Feedback given to both individing and the entire group Feedback is conveyed in a post manner to encourage change and/or reward performance Feedback is correct and given a soon as possible after task completion Provide a variety of feedback s visual, verbal, tactile, questionid discussion 	and uals itive as tyles:		
Coach Educator Feed What were the positive	Iback: aspects/strengths of the lesson?			
What aspect/s does the candidate need to continue working on to improve/demonstrate in future (please complete this section regardless of whether the candidate was found C / NYC) Candidate's Self- Evaluation: Where do you believe you went well? What could you improve? How will you do this?				
Not Yet Competent	Date:	Date:	Date:	
Not ret competent	CE:	CE:	CE:	
Coach Educator (C	E) Declaration	ICDC	– Assessment Slip 5.3b	
Candidate Nam	e:		EA No.	
	candidate has demonstrated compete tly registered EA Coach Educator.	ence in teaching groups in a s	safe and well-sequenced	
Name:		NCAS Level:		
E-mail address:		Phone Num	ber:	
Assessment Locati	ion:			
Signature:		Date:		