

IR ASSESSMENT SLIP 1 – Flatwork

Candidate Name: _____

	Assessment Tasks	C / NYC	Comments
Preparation GEAR CHECK : HORSE & RIDER	<ul style="list-style-type: none"> • Presentation – professional (clean, neat, tidy) • Horse – safe, suitable and correctly fitted tack • Rider – safe, suitable and correctly fitted attire 		
PRACTICAL ASSESSMENT TASKS – DEMONSTRATE	<p>1 – Warm up</p> <ul style="list-style-type: none"> • Demonstrate a Warm – up routine (approx 5 – 10 mins) <p>2 – On left rein</p> <ul style="list-style-type: none"> • Ride 20m circle in working trot (rising) • Ride 20m circle in working canter • Transitions (progressive) trot – canter; canter – trot <p>3 – From left or right rein</p> <ul style="list-style-type: none"> • Medium walk • Change rein in free walk on long rein • Transitions medium walk – long rein walk – medium walk <p>4 – On right rein</p> <ul style="list-style-type: none"> • Ride 20m circle in working trot (rising) • Ride 20m circle in working canter • Transitions (progressive) trot – canter; canter – trot <p>5 – Change of rein on diagonal line (from left or right rein)</p> <ul style="list-style-type: none"> • Change rein in working trot (rising) showing some moderately lengthened strides <p>6 – Serpentine loops – AC or CA</p> <ul style="list-style-type: none"> • Ride three – loop serpentine in working trot (rising) <p>7 – Figure of Eight (8)</p> <ul style="list-style-type: none"> • Ride a figure of eight using 20m circles in working trot (one circle rising, one sitting) <p>8 – Ride straight lines in working trot from the large arena track</p> <ul style="list-style-type: none"> • Turn across arena e.g. E to B – showing a left and right turn • Turn down the three – quarter line • Turn down the centre line, halt, proceed in working trot through the walk) <p>9 Demonstrate a Cool – down routine (approx 3- 5 mins)</p>		

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COLLECTIVE ASSESSMENT – Ongoing	<ul style="list-style-type: none"> • Overall ability to ride a horse with a steady contact • Demonstrate a controlled position in all pace • Co-ordination & correct application of aids in halt, walk, trot, canter • Ability to identify and ride on correct trot diagonal • Ability to identify and achieve the correct canter leads • Ability to maintain position at sitting trot for short periods • Ability to carry and use a Dressage whip correctly 		
SELF – ANALYSIS REVIEW / EVALUATE	<p>Candidate to provide feedback of their riding skills:</p> <ul style="list-style-type: none"> • Their position and correct use of aids • The influence of their position and aids on the horse • Their ability to identify and correct problems / mistakes 		
VERBAL ASSESSMENT – DISCUSS	<ul style="list-style-type: none"> • Reasons for correct fit of tack • Reasons for using boots/bandages • Reasons for using type of bit and noseband • Reasons for using type of saddle cloth/s • Signs of wear and tear on tack; where to look • Discuss Rhythm & Relaxation • Discuss Contact • Discuss Impulsion • Discuss the difference between Rhythm & Tempo • Describe Footfalls of the walk, trot & canter • Discuss Flexion & Bend • Discuss Traffic Rules of the Arena • Reasons for Warm – up & Cool – down 		

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Assessment Summary & Declaration of Competence

<input type="checkbox"/> COMPETENT	<p>Has demonstrated competence in all the tasks for Assessment Slip 1 – Flatwork according to the assessment criteria in the Introductory Riding Certificate through</p> <p style="text-align: center;"><input type="checkbox"/> Direct Assessment method</p> <p style="text-align: center;">OR</p> <p>Evidence was provided to satisfy the Assessor that the Candidate met with competence all the required assessment criteria for Assessment Slip 1 – Flatwork in The Introductory Riding Certificate through</p> <p style="text-align: center;"><input type="checkbox"/> Fast Track method</p>		
<input type="checkbox"/> NOT YET COMPETENT	<p>Is not yet competent in all the tasks for Assessment Slip 1 – Flatwork according to the assessment criteria in the Introductory Riding Certificate through</p> <p style="text-align: center;"><input type="checkbox"/> Direct Assessment method</p> <p style="text-align: center;">OR</p> <p>Insufficient evidence provided to satisfy the Assessor that the Candidate met with competence all the required assessment criteria for Assessment Slip 1 – Flatwork in The Introductory Riding Certificate through</p> <p style="text-align: center;"><input type="checkbox"/> Fast Track method</p>		
Date: CE:	Date: CE:	Date: CE:	Date: CE:
Comments If NYC what needs improvement before re-sitting assessment			
Candidate Name: _____			
CE/SSTA Name: _____ Level: _____			
Assessment Venue: _____ Signature: _____			

NOTE: CEs/SSTA's are advised to maintain own records / results of Candidates whom they have assessed.

If **Competent** sign summary on page 60.

If **Not Yet Competent** (NYC) please arrange further training and/or another assessment and download additional assessment slips from www.equestrian.org.au