

# L1CDC ACTIVITY SLIP 1 – Coaching Principles

## Practical Assessment Guidelines

**Supervision:** This activity must be completed under the supervision of a current EA Coach Educator.

**Candidate information:**

- Read and understand each activity carefully before attempting.
- You are advised to research, practice and discuss all parts of each activity with your EA Coach Educator, prior to attempting an assessment.

**Assessment:**

- The candidate must satisfactorily complete all assessment activities.
- The EA Coach Educator will advise the candidate of a result at the completion of the activity.
- All activities should be completed in a competent and efficient manner, demonstrating a comprehensive acquisition of skills and knowledge.
- With adequate preparation all candidates should be aiming for a 100% satisfactory pass on their first attempt.
- Candidates who fail an Activity (or part thereof) may repeat those parts of the Activity as a Post-Task Assessment. A Post-Task Assessment can only be completed after consultation with the Coach Educator, and once they have confirmed that the candidate is ready to attempt a Post-Task Assessment.
- Post-Task Assessments may be performed directly after the initial assessment, or at a time negotiated with the Coach Educator.

**Assessment Protocols:**

- Candidates are assessed according to the standards and principles set out in the course required readings.
- The EA Coach Educator must sign the declaration at the end of each Activity.
- This assessment must be signed by an EA Carriage Driving Coach Educator

A Carriage Driving Coach Educator may assess this task in its entirety, however a Carriage Driving Coach Educator may **sign no more than THREE (whole) L1CDC Activities** for any candidate.

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### Guidelines for the Carriage Driving Coach Educator:

- Allow the Candidate to start with a general observation of your training program. Set the guidelines you want the candidate to follow regarding his/her interaction with you while you are coaching. Also be specific in your feedback regarding coaching tasks; remember to give the "why" as well as the "what and when".
- Observation must be guided by you (i.e. the Candidate needs to know what to look for); such things as: (i) the composition of the training session, time spent on warm-up, revision of past exercises, teaching of new skills, driver specific exercises, horse specific exercises, etc. (ii) communication techniques used (iii) organisation of drivers, (vi) ways in which training information is monitored by the coach.
- If possible, try to show the Candidate how you plan sessions, into a logical pattern (this may be done away from the teaching area).

## 1.1 Coach Observation (DRIVEN DRESSAGE)

**Candidate Name:** \_\_\_\_\_

**Coach Educator:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Venue:** \_\_\_\_\_

**Driver Skills Level:**

**Beginner / Intermediate / Advanced**

(Please circle)

**Observations:**

With your knowledge of **skill development**, i) attempt to identify the skills taught previously to the pupils prior to this lesson and ii) identify the skills that might be taught to the pupils during their next three lessons. Discuss your thoughts with the Coach.

i) Previous lesson skills-

\_\_\_\_\_

\_\_\_\_\_

ii) Skills for next three lessons-

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Training Session Overview:**

Include comments on session activities (i.e. pre-lesson discussions, etc.), warm-up, training activities and other components of the training session.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Coach Educator Comments** (on the candidate discussions above):

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\_\_\_\_\_

\_\_\_\_\_

**Coach Educator (CE) Declaration**

**L1CDC – Activity Slip 1.1**

**Candidate Name:** \_\_\_\_\_

**Coach Educator**

I am satisfied that the candidate can consistently demonstrate competence in the tasks on this Activity Slip according to the criteria in the course recommended readings. I am a currently-registered EA Carriage Driving Coach Educator.

**Name:** \_\_\_\_\_

**NCAS Level:** \_\_\_\_\_

**E-mail address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Assessment Location:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



## 1.2 Coach Observation

(CONES)

**Candidate Name:** \_\_\_\_\_

**Coach Educator:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Venue:** \_\_\_\_\_

**Driver Skills Level:**

**Beginner / Intermediate / Advanced**  
(Please circle)

**Observations:**

With your knowledge of **skill development**, i) attempt to identify the skills taught previously to the pupils prior to this lesson and ii) identify the skills that might be taught to the pupils during their next three lessons. Discuss your thoughts with the Coach.

i) Previous lesson skills-

\_\_\_\_\_

\_\_\_\_\_

ii) Skills for next three lessons-

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Training Session Overview:**

Include comments on session activities (i.e. pre-lesson discussions, etc.), warm-up, training activities and other components of the training session.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Coach Educator Comments** (on the candidate discussions above):

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\_\_\_\_\_

\_\_\_\_\_

**Coach Educator (CE) Declaration**

**L1CDC – Activity Slip 1.2**

**Candidate Name:** \_\_\_\_\_

**Coach Educator**

I am satisfied that the candidate can consistently demonstrate competence in the tasks on this Activity Slip according to the criteria in the course recommended readings. I am a currently-registered EA Carriage Driving Coach Educator.

**Name:** \_\_\_\_\_

**NCAS Level:** \_\_\_\_\_

**E-mail address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Assessment Location:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



## 1.3 Risk Management Planning

The Candidate may complete this Risk Management Plan in relation to their own property/environment, or that of the EA Coach Educator. The Plan must be prepared and presented to the Coach Educator to assess. The Coach Educator shall then discuss the Lesson Plan with the Candidate.

The safety of the horse and driver is paramount within all equestrian activities. All coaches, whether introductory or advanced, must be aware of the safety considerations of the environment in which he or she operates. This activity is aimed at assessing the candidate's understanding and appreciation of the various facets of safety concerns across numerous environments.

**Candidate Coach Name:**

Potential Hazards	What Might Go Wrong	Strategies To Minimise Risk	Person Responsible
<b>Equipment</b> <ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>			
<b>People</b> <ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>			
<b>The Coaching Area</b> <ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul>			

**Coach Educator (CE) Declaration**

**L1CDC – Activity Slip 1.3**

**Candidate Name:**

**Coach Educator**

I am satisfied that the candidate has demonstrated competence and understanding for creating a risk management plan appropriate to an equestrian coaching environment, as demonstrated through this Activity Slip, according to the criteria in the course recommended readings. I am a currently-registered EA Carriage Driving Coach Educator.

**Name:**

**NCAS Level:**

**E-mail address:**

**Phone Number:**

**Assessment Location:**

**Signature:**

**Date:**