L1VC ASSESSMENT SLIP 5 – Lesson Planning

Practical Assessment Guidelines

Supervision:

• This activity may be discussed in advance with the Coach Educator. The lesson plans must then be prepared and presented to the Coach Educator to assess. The Coach Educator shall then discuss the Lesson Plans with the Candidate.

Candidate information:

 The purpose of this activity is to demonstrate sound teaching methods and an awareness of how skills are built and sequenced in a safe and appropriate manner.

Assessment:

• Should the Lesson Plans be unsuitable for any reason, the Coach Educator will discuss this with the Candidate, who may amend the plans and re-present them to the Coach Educator for further assessment and discussion.

Lesson Planning:

A key aspect to ensure the proper and efficient delivery of a lesson is the development of a lesson plan. The basis of all lessons is a sound lesson rationale and purpose. To assist Coaches form this concept, they must prepare adequately prior to a lesson. Within this activity the candidate must complete NINE (9) lesson plans (3 from each of Barrel, Individual and Squad) to convey the listed skills below to an intermediate vaulter/group who has not attempted these skills before OR to a vaulter/group requiring improvement in these skills.

The activities/skills listed are presented in no particular order and are not exhaustive. Candidates should incorporate at least 2 components into each lesson plan to demonstrate appropriate sequencing and progression both within and across the lessons presented.

Individual

- Approaching the horse in varying paces
- Mounting and dismounting on the barrel
- Teach techniques for Vault On
- Teach techniques for Basic Seat
- Teach techniques for Flag (with inside arm placed on the back)
- Teach techniques for Stand
- Teach techniques for Swing Front Ways with closed legs
- Teach techniques for Half Mill
- Teach techniques for Swing Rear Ways with open legs followed by dismount to the inside
- Develop a freestyle in conjunction with a vaulter
- Develop presentation and precision within a freestyle routine
- Teach a variety of dismounts (including two freestyle dismounts)

Squad

- Improve transitions between compulsories
- Improving changeovers in squad compulsories
- Develop 3 squad freestyle moves
- Teach 2 different techniques to assist a vaulter to mount to stand
- Improve stability and confidence of the standing base
- Develop presentation and precision within a freestyle routine
- Teach a double flag movement
- Teach a double stand movement
- Teach and develop a squad salute
- Explain and practice two partner hand holds
- Discuss and practice competition procedure (including aspects relating to general impression)

Lesson Plan 1: Individual

Candidate Name:		
Date:		Venue:
Name of Vaulter:		Skill Level of Vaulter:
Goals for the Less Equipment Requir		
ELEMENT	ACTIVITY	TEACHING NOTES (What/How/Why)
Introductions Including: gear check, explain lesson goals and emergency stop procedure	ACITATI	TEACHING NOTES (What How) Why)
Warm-Up*		
Skill Demonstration & Instruction*		
Skill Practice		
Feedback/ Questioning Techniques		
Evaluation		

^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Assessment of Practical Coaching Skills Coaching an Individual: Lesson Number 1 CANDIDATE COACH NAME: **VENUE: COACH EDUCATORS NAME:** DATE: **Overall Result:** Competent / Not Yet Competent Overview Name of Skill X / √ C/NYC COMMENTS & WHY Gear check SECTION 1) SAFETY Identification of special needs Emergency Stop procedure established Safe equipment and environment Introduction: SECTION 2) INTRODUCTION, Clear and concise DEMONSTRATION Purpose of the lesson established WARM-UP * Demonstration and **Demonstration*:** Warm-Up can be done in Accurate any order Suitable Warm-Up (& initial assessment): Suitable Vaulter/Horse assessment Relevance to lesson Clear & concise explanation about how to use the relevant aids Perceptive and attentive to the SECTION 3) needs of the individual **LESSON CONTENT &** Use a variety of techniques **GENERAL COACHING** (strategies) to teach skills **S**KILLS Ensure all Vaulters are recognised in a training session Communicate instructions clearly and accurately **Lesson Structure** (Did the coach?) Outline the Lesson plan for the Vaulters Was the lesson plan suitable for the Vaulters ability Did the coach adjust the lesson plan according to the Vaulters ability Maintain Vaulter focus throughout Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of Vaulters Safe dismissal **Time Management** Demonstrate effective time

management to ensure completion

of training session

SECTION 4) FEEDBACK SKILLS	 Feedback contains inf about the performance 			
FEEDBACK SKILLS	to understand	se that is easy		
	 Feedback contains ke phrases to promote c 			
	performance/learning			
	- Feedback given to bo and the entire group	th individuals		
	- Feedback is conveyed manner to encourage and/or reward perform	e change		
	 Feedback is correct a soon as possible after 	nd given as		
	completion	dl		
	 Provide a variety of fe visual, verbal, tactile, discussion 			
what were the positive	e aspects/strengths of the le	sson?		
	e candidate need to continue of whether the candidate wa		monstrate in rutt	ire (piease compiete
Candidate's Self- Eva Where do you believe y		d you improve? How will yo	u do this?	
Not Yet Competent	Date:	Date:	D-	ite:
Not ret competent	CE:	CE:	CE	
Coach Educator (C	CE) and Show Horse Ju	dge Declaration	L1VC- Ass	sessment Slip 4.1b
Candidate Nam	ie:			
We are satisfied that	Show Horse Judge the candidate has demonth the Show Horse Discipli			
Names:		NC	AS / Judge Le	vel: /
E-mail address(s):	<u> </u>		ne Number(s	-
Assessment Locati				•
Signatures:	1	Dat	e:	
	gn the Course Checklis		<u> </u>	ent

Lesson Plan 2: Individual Candidate Name: Date: Venue: Name of Vaulter: **Skill Level of Vaulter: Goals for the Lesson: Equipment Required: ELEMENT ACTIVITY TEACHING NOTES** (What/How/Why) **Introductions** Including: gear check, explain lesson goals and emergency stop procedure Warm-Up* Skill **Demonstration** & Instruction* **Skill Practice** Feedback/ Questioning **Techniques Evaluation**

^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Assessment of Practical Coaching Skills -Coaching an Individual: Lesson Number 2 CANDIDATE COACH NAME: **VENUE: COACH EDUCATORS NAME:** DATE: **Overall Result:** Competent / Not Yet Competent Overview Name of Skill X / √ C/NYC COMMENTS & WHY Gear check SECTION 1) SAFETY Identification of special needs Emergency Stop procedure established Safe equipment and environment Introduction: SECTION 2) INTRODUCTION, Clear and concise DEMONSTRATION Purpose of the lesson established WARM-UP * Demonstration and **Demonstration*:** Warm-Up can be done in Accurate any order Suitable Warm-Up (& initial assessment): Suitable Vaulter/Horse assessment Relevance to lesson Clear & concise explanation about how to use the relevant aids Perceptive and attentive to the SECTION 3) needs of the individual **LESSON CONTENT &** Use a variety of techniques **GENERAL COACHING** (strategies) to teach skills **S**KILLS Ensure all Vaulters are recognised in a training session Communicate instructions clearly and accurately **Lesson Structure** (Did the coach?) Outline the Lesson plan for the Vaulters Was the lesson plan suitable for the Vaulters ability Did the coach adjust the lesson plan according to the Vaulters ability Maintain Vaulter focus throughout Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of Vaulters Safe dismissal **Time Management** Demonstrate effective time

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of training session

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	- Feedback contains keys w			
	phrases to promote chang performance/learning	ge in		
	Feedback given to both ir and the entire group	ndividuals		
	- Feedback is conveyed in a	a positive		
	manner to encourage cha and/or reward performan	ange		
	- Feedback is correct and g			
	soon as possible after tas completion	K		
	- Provide a variety of feedb	oack styles:		
	visual, verbal, tactile, que discussion	estioning,		
	e candidate need to continue wo of whether the candidate was fo		monstrate in f	future (please complete
Candidate's Self- Eve Where do you believe y		u improve? How will yo	u do this?	
Not Yet Competent	: Date:	Date:	1	Date:
,	CE:	CE:		CE:
Coach Educator (C	CE) and Show Horse Judge	<u>Declaration</u>	L1VC-	Assessment Slip 4.2b
Coach Educator /	Show Horse Judge			
We are satisfied that	the candidate has demonstr the Show Horse Discipline.	•		, , ,
Names:		NC	AS / Judge	l evel: /
E-mail address(s):	·		ne Numbe	_
Assessment Locati		1 110	uiiibei	· (~/·
Signatures:	/	Dat	۵'	
	gn the Course Checklist o		-	etent

Lesson Plan 3: Individual Candidate Name: Date: Venue: Skill Level of Vaulter: Name of Vaulter: **Goals for the Lesson: Equipment Required: TEACHING NOTES** (What/How/Why) **ELEMENT ACTIVITY** Introductions Including: gear check, explain lesson goals and emergency stop procedure Warm-Up* Skill **Demonstration** & Instruction* **Skill Practice** Feedback/ Questioning **Techniques Evaluation**

^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Equestrian Australia Education Department Assessment of Practical Coaching Skills -Coaching an Individual: Lesson Number 3 CANDIDATE COACH NAME: **VENUE: COACH EDUCATORS NAME:** DATE: **Overall Result:** Competent / Not Yet Competent Overview Name of Skill X / √ C/NYC COMMENTS & WHY Gear check SECTION 1) SAFETY Identification of special needs Emergency Stop procedure established Safe equipment and environment **Introduction:** SECTION 2) INTRODUCTION, Clear and concise DEMONSTRATION Purpose of the lesson established WARM-UP * Demonstration and **Demonstration*:** Warm-Up can be done in Accurate any order Suitable Warm-Up (& initial assessment): Suitable Vaulter/Horse assessment Relevance to lesson Clear & concise explanation about how to use the relevant aids Perceptive and attentive to the SECTION 3) needs of the individual **LESSON CONTENT &** Use a variety of techniques **GENERAL COACHING** (strategies) to teach skills **S**KILLS Ensure all Vaulters are recognised in a training session Communicate instructions clearly and accurately **Lesson Structure** (Did the coach?) Outline the Lesson plan for the Vaulters Was the lesson plan suitable for the Vaulters ability Did the coach adjust the lesson plan according to the Vaulters ability Maintain Vaulter focus throughout Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of Vaulters Safe dismissal

Time Management

of training session

Demonstrate effective time management to ensure completion

SECTION 4) FEEDBACK SKILLS	about the performant to understand			
	Feedback contains k phrases to promote performance/learnir	change in		
	Feedback given to be and the entire group	ooth individuals		
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	of whether the candidate	ue working on to improve/de was found C / NYC)		·
Candidate's Self- Ev Where do you believe		uld you improve? How will yo	ou do this?	
Not Yet Competent	Date:	Date:	Date:	
	CE:	CE:	CE:	
Coach Educator (C	CE) and Show Horse J	udge Declaration	L1VC- Assessment	Slip 4.3b
Candidate Nam	ie:			
We are satisfied that		onstrated competence in liline. We are a currently re		
Names:			AS / Judge Level:	1
E-mail address(s)		Pho	one Number(s):	
Assessment Locat Signatures:	<u> </u>	Da	te:	
	gn the Course Check	ist on Page 5 if candid		

Lesson Plan 4: Group Candidate Name: Date: Venue: Skill Level of Vaulter: Name of Vaulter: **Goals for the Lesson: Equipment Required: ELEMENT ACTIVITY TEACHING NOTES** (What/How/Why) Introductions Including: gear check, explain lesson goals and emergency stop procedure Warm-Up* Skill **Demonstration** & Instruction* **Skill Practice** Feedback/ Questioning **Techniques Evaluation**

^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Assessment of Practical Coaching Skills -Coaching a Group: Lesson Number 4 CANDIDATE COACH NAME: **VENUE: COACH EDUCATORS NAME:** DATE: **Overall Result:** Competent / Not Yet Competent Overview Name of Skill X / √ C/NYC COMMENTS & WHY Gear check SECTION 1) SAFETY Identification of special needs Emergency Stop procedure established Safe equipment and environment **Introduction:** SECTION 2) INTRODUCTION, Clear and concise DEMONSTRATION Purpose of the lesson established WARM-UP * Demonstration and **Demonstration*:** Warm-Up can be done in Accurate any order Suitable Warm-Up (& initial assessment): Suitable Vaulter/Horse assessment Relevance to lesson Clear & concise explanation about how to use the relevant aids Perceptive and attentive to the SECTION 3) needs of the individual **LESSON CONTENT &** Use a variety of techniques **GENERAL COACHING** (strategies) to teach skills **S**KILLS Ensure all Vaulters are recognised in a training session Communicate instructions clearly and accurately **Lesson Structure** (Did the coach?) Outline the Lesson plan for the Vaulters Was the lesson plan suitable for the Vaulters ability Did the coach adjust the lesson plan according to the Vaulters ability Maintain Vaulter focus throughout Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of Vaulters Safe dismissal **Time Management** Demonstrate effective time management to ensure completion of training session

SECTION 4)	- Feedback contains information		
FEEDBACK SKILLS	about the performance that is to understand	edsy	
	Feedback contains keys words phrases to promote change in performance/learning	and	
	Feedback given to both individ and the entire group	uals	
Coach Educator Feed What were the positive	 Feedback is conveyed in a possimanner to encourage change and/or reward performance Feedback is correct and given a soon as possible after task completion Provide a variety of feedback s visual, verbal, tactile, questionid discussion 	as tyles:	
	e candidate need to continue working of whether the candidate was found (future (please complete
Candidate's Self- Eva Where do you believe y		rove? How will you do this?	
Not Yet Competent	Date:	Date:	Date:
	CE:	CE:	CE:
Coach Educator (C	E) and Show Horse Judge De	claration L1VC-	Assessment Slip 5.1b
Candidate Nam	ne:		
	Show Horse Judge the candidate has demonstrated the Show Horse Discipline. We a		
Names:		NCAS / Judge	e Level: /
E-mail address(s):		Phone Number	er(s):
Assessment Locati	ion:		
Signatures:	/ gn the Course Checklist on Pa	Date:	notont

Lesson Plan 5: Group Candidate Name: Date: Venue: Skill Level of Vaulter: Name of Vaulter: **Goals for the Lesson: Equipment Required: ELEMENT ACTIVITY TEACHING NOTES** (What/How/Why) Introductions Including: gear check, explain lesson goals and emergency stop procedure Warm-Up* Skill **Demonstration** & Instruction* **Skill Practice** Feedback/ Questioning **Techniques Evaluation**

^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Assessment of Practical Coaching Skills -Coaching a Group: Lesson Number 5 CANDIDATE COACH NAME: **VENUE: COACH EDUCATORS NAME:** DATE: **Overall Result:** Competent / Not Yet Competent Overview Name of Skill X / √ C/NYC COMMENTS & WHY Gear check SECTION 1) SAFETY Identification of special needs Emergency Stop procedure established Safe equipment and environment **Introduction:** SECTION 2) INTRODUCTION, Clear and concise DEMONSTRATION Purpose of the lesson established WARM-UP * Demonstration and **Demonstration*:** Warm-Up can be done in Accurate any order Suitable Warm-Up (& initial assessment): Suitable Vaulter/Horse assessment Relevance to lesson Clear & concise explanation about how to use the relevant aids Perceptive and attentive to the SECTION 3) needs of the individual **LESSON CONTENT &** Use a variety of techniques **GENERAL COACHING** (strategies) to teach skills **S**KILLS Ensure all Vaulters are recognised in a training session Communicate instructions clearly and accurately **Lesson Structure** (Did the coach?) Outline the Lesson plan for the Vaulters Was the lesson plan suitable for the Vaulters ability Did the coach adjust the lesson plan according to the Vaulters ability Maintain Vaulter focus throughout Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of Vaulters Safe dismissal **Time Management** Demonstrate effective time management to ensure completion

of training session

	the candidate has demorn the Show Horse Disciplin	ne. We are a currently r	cas / Judge	Level: /	
Coach Educator / S We are satisfied that competition horses in Show Horse Judge Names:	the candidate has demorn the Show Horse Disciplin	ne. We are a currently r	CAS / Judge	Level: /	
Coach Educator / S We are satisfied that competition horses in Show Horse Judge	the candidate has demor	ne. We are a currently r			
Coach Educator / 9 We are satisfied that competition horses in	the candidate has demor		registered EA	Coach Educator and	
		nstrated competence in			
Coach Educator (C	E) and Show Horse Jud	dge Declaration	L1VC-	Assessment Slip 5.2	b
Not Yet Competent	Date:	Date: CE:		Date: CE:	
Candidate's Self- Eve Where do you believe y		I you improve? How will y	ou do this?		
	e candidate need to continue of whether the candidate wa		emonstrate in	future (please complete	
- The positive	aspects/suchguis of the les	DOIT:			
Coach Educator Feed	Iback: aspects/strengths of the les	ccon?			
	performance/learning Feedback given to bot and the entire group Feedback is conveyed manner to encourage and/or reward perform Feedback is correct ar soon as possible after completion Provide a variety of fe visual, verbal, tactile, discussion	d in a positive change mance and given as task eedback styles:			
	Feedback contains key phrases to promote characteristics performance/learning				

	Lesson F	Plan 6: Group
Candidate Name:		
Date:		Venue:
Name of Vaulter:		Skill Level of Vaulter:
Goals for the Less	on:	
Equipment Requi	red:	
ELEMENT	ACTIVITY	TEACHING NOTES (What/How/Why)
Introductions Including: gear check, explain lesson goals and emergency stop procedure		
Warm-Up*		
Skill Demonstration & Instruction*		
Skill Practice		
Feedback/ Questioning Techniques		
Evaluation		

^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Assessment of Practical Coaching Skills -Coaching a Group: Lesson Number 6 CANDIDATE COACH NAME: **VENUE: COACH EDUCATORS NAME:** DATE: **Overall Result:** Competent / Not Yet Competent Overview Name of Skill X / √ C/NYC COMMENTS & WHY Gear check SECTION 1) SAFETY Identification of special needs Emergency Stop procedure established Safe equipment and environment **Introduction:** SECTION 2) INTRODUCTION, Clear and concise DEMONSTRATION Purpose of the lesson established WARM-UP * Demonstration and **Demonstration*:** Warm-Up can be done in Accurate any order Suitable Warm-Up (& initial assessment): Suitable Vaulter/Horse assessment Relevance to lesson Clear & concise explanation about how to use the relevant aids Perceptive and attentive to the SECTION 3) needs of the individual **LESSON CONTENT &** Use a variety of techniques **GENERAL COACHING** (strategies) to teach skills **S**KILLS Ensure all Vaulters are recognised in a training session Communicate instructions clearly and accurately **Lesson Structure** (Did the coach?) Outline the Lesson plan for the Vaulters Was the lesson plan suitable for the Vaulters ability Did the coach adjust the lesson plan according to the Vaulters ability Maintain Vaulter focus throughout Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of Vaulters Safe dismissal **Time Management** Demonstrate effective time management to ensure completion of training session

SECTION 4)	- Feedback contains information		
FEEDBACK SKILLS	about the performance that is to understand	easy	
	Feedback contains keys words phrases to promote change in	and	
	performance/learningFeedback given to both individed and the entire group	luals	
Coach Educator Feed What were the positive	 Feedback is conveyed in a posmanner to encourage change and/or reward performance Feedback is correct and given soon as possible after task completion Provide a variety of feedback syisual, verbal, tactile, question discussion 	as styles:	
	e candidate need to continue working of whether the candidate was found		future (please complete
Candidate's Self- Eva Where do you believe y		prove? How will you do this?	
Not Yet Competent		Date:	Date:
	CE:	CE:	CE:
Coach Educator (C	E) and Show Horse Judge De	claration L1VC-	Assessment Slip 5.3b
Candidate Nam	e:		
	Show Horse Judge the candidate has demonstrated the Show Horse Discipline. We a		
Names:		NCAS / Judge	e Level: /
E-mail address(s):		Phone Number	er(s):
Assessment Locati			
	on:		

	Lesson F	Plan 7: Group
Candidate Name:		
Date:		Venue:
Name of Vaulter:		Skill Level of Vaulter:
Goals for the Less	on:	
Equipment Requi	red:	
ELEMENT	ACTIVITY	TEACHING NOTES (What/How/Why)
Introductions Including: gear check, explain lesson goals and emergency stop procedure		
Warm-Up*		
Skill Demonstration & Instruction*		
Skill Practice		
Feedback/ Questioning Techniques		
Evaluation		

^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Assessment of Practical Coaching Skills -Coaching a Group: Lesson Number 7 CANDIDATE COACH NAME: **VENUE: COACH EDUCATORS NAME:** DATE: **Overall Result:** Competent / Not Yet Competent Overview Name of Skill X / √ C/NYC COMMENTS & WHY Gear check SECTION 1) SAFETY Identification of special needs Emergency Stop procedure established Safe equipment and environment **Introduction:** SECTION 2) INTRODUCTION, Clear and concise DEMONSTRATION Purpose of the lesson established WARM-UP * Demonstration and **Demonstration*:** Warm-Up can be done in Accurate any order Suitable Warm-Up (& initial assessment): Suitable Vaulter/Horse assessment Relevance to lesson Clear & concise explanation about how to use the relevant aids Perceptive and attentive to the SECTION 3) needs of the individual **LESSON CONTENT &** Use a variety of techniques **GENERAL COACHING** (strategies) to teach skills **S**KILLS Ensure all Vaulters are recognised in a training session Communicate instructions clearly and accurately **Lesson Structure** (Did the coach?) Outline the Lesson plan for the Vaulters Was the lesson plan suitable for the Vaulters ability Did the coach adjust the lesson plan according to the Vaulters ability Maintain Vaulter focus throughout Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of Vaulters Safe dismissal **Time Management** Demonstrate effective time management to ensure completion of training session

Coach Educator / S We are satisfied that	E) and Show Horse Judge E: Show Horse Judge the candidate has demons the Show Horse Discipling	strated competence in c e. We are a currently re NCA		lan for
Coach Educator (Coach Educator / Swe are satisfied that competition horses in Show Horse Judge Names:	E) and Show Horse Judge E: Show Horse Judge the candidate has demons the Show Horse Discipling	CE: ge Declaration strated competence in ce. We are a currently re	CE: L1VC- Assessn leveloping a yearly p gistered EA Coach E	lan for
Not Yet Competent Coach Educator (Coach Educator / Source State of the Coach Educator / Source Show Horse Judge	E) and Show Horse Judge CE: Show Horse Judge the candidate has demons	CE: ge Declaration strated competence in ce. We are a currently re	CE: L1VC- Assessn leveloping a yearly p gistered EA Coach E	lan for
Not Yet Competent Coach Educator (Coach Educa	CE: E) and Show Horse Jud	CE:	CE:	nent Slip 6.1b
Not Yet Competent	CE:	CE:	CE:	nent Slip 6.1b
		- 3353		
	Date:	Date:	Date:	
Where do you believe y				-
Candidate's Self- Eva		you improve? How will yo	u do this?	
	e candidate need to continue of whether the candidate was		monstrate in future (ple	ease complete
Coach Educator Feed What were the positive	aspects/strengths of the less	on?		
	 Feedback is correct and soon as possible after to completion Provide a variety of feed visual, verbal, tactile, qualiscussion 	edback styles:		
	- Feedback is conveyed in manner to encourage of and/or reward perform	change vance		
		n individuals		
	performance/learning - Feedback given to both and the entire group			
	- Feedback given to both	ange in		

Lesson Plan 8: Group Candidate Name: Date: Venue: Skill Level of Vaulter: Name of Vaulter: **Goals for the Lesson: Equipment Required: ELEMENT ACTIVITY TEACHING NOTES** (What/How/Why) Introductions Including: gear check, explain lesson goals and emergency stop procedure Warm-Up* Skill **Demonstration** & Instruction* **Skill Practice** Feedback/ Questioning **Techniques Evaluation**

^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Assessment of Practical Coaching Skills -Coaching a Group: Lesson Number 8 CANDIDATE COACH NAME: **VENUE: COACH EDUCATORS NAME:** DATE: **Overall Result:** Competent / Not Yet Competent Overview Name of Skill X / √ C/NYC COMMENTS & WHY Gear check SECTION 1) SAFETY Identification of special needs Emergency Stop procedure established Safe equipment and environment **Introduction:** SECTION 2) INTRODUCTION, Clear and concise DEMONSTRATION Purpose of the lesson established WARM-UP * Demonstration and **Demonstration*:** Warm-Up can be done in Accurate any order Suitable Warm-Up (& initial assessment): Suitable Vaulter/Horse assessment Relevance to lesson Clear & concise explanation about how to use the relevant aids Perceptive and attentive to the SECTION 3) needs of the individual **LESSON CONTENT &** Use a variety of techniques **GENERAL COACHING** (strategies) to teach skills **S**KILLS Ensure all Vaulters are recognised in a training session Communicate instructions clearly and accurately **Lesson Structure** (Did the coach?) Outline the Lesson plan for the Vaulters Was the lesson plan suitable for the Vaulters ability Did the coach adjust the lesson plan according to the Vaulters ability Maintain Vaulter focus throughout Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of Vaulters Safe dismissal **Time Management** Demonstrate effective time management to ensure completion

of training session

SECTION 4) FEEDBACK SKILLS	 Feedback contains information about the performance that is 		
FEEDBACK SKILLS	to understand		
	 Feedback contains keys words phrases to promote change in 		
	performance/learning		
	Feedback given to both individent and the entire group	luals	
	- Feedback is conveyed in a pos manner to encourage change and/or reward performance	sitive	
	- Feedback is correct and given	as	
	soon as possible after task completion		
	- Provide a variety of feedback s	styles:	
	visual, verbal, tactile, question discussion		
Coach Educator Feee What were the positive	dback: aspects/strengths of the lesson?		
What aspect/s does the	e candidate need to continue working	on to improve/demonstrate in	future (please complete
	of whether the candidate was found		, , , , , , , , , , , , , , , , , , ,
Candidate's Self- Ev			
Where do you believe	you went well? What could you imp	prove? How will you do this?	
Not Yet Competent	Date:	Date:	Date:
	CE:	CE:	CE:
Coach Educator (C	E) and Show Horse Judge De	claration I 1VC-	Assessment Slip 7.2b
	•	<u>ciaration</u> LIVC	Assessment Sup 7.20
Candidate Nam	ne:		
_	Show Horse Judge		
	the candidate has demonstrated the Show Horse Discipline. We		
Names:		NCAS / Judge	e Level: /
E-mail address(s):	1	Phone Number	er(s):
Assessment Locat	ion:		
Signatures:		Date:	
CE's please also si	gn the Course Checklist on Pa	age 5 if candidate is com	petent

Lesson Plan 9: Group Candidate Name: Date: Venue: Skill Level of Vaulter: Name of Vaulter: **Goals for the Lesson: Equipment Required: ELEMENT ACTIVITY TEACHING NOTES** (What/How/Why) Introductions Including: gear check, explain lesson goals and emergency stop procedure Warm-Up* Skill **Demonstration** & Instruction* **Skill Practice** Feedback/ Questioning **Techniques Evaluation**

^{*} These may be in either order, depending on the lesson content and whether demonstration requires a horse to be warmed-up

Assessment of Practical Coaching Skills -Coaching a Group: Lesson Number 9 CANDIDATE COACH NAME: **VENUE: COACH EDUCATORS NAME:** DATE: **Overall Result:** Competent / Not Yet Competent Overview Name of Skill X / √ C/NYC COMMENTS & WHY Gear check SECTION 1) SAFETY Identification of special needs Emergency Stop procedure established Safe equipment and environment **Introduction:** SECTION 2) INTRODUCTION, Clear and concise DEMONSTRATION Purpose of the lesson established WARM-UP * Demonstration and **Demonstration*:** Warm-Up can be done in Accurate any order Suitable Warm-Up (& initial assessment): Suitable Vaulter/Horse assessment Relevance to lesson Clear & concise explanation about how to use the relevant aids Perceptive and attentive to the SECTION 3) needs of the individual **LESSON CONTENT &** Use a variety of techniques **GENERAL COACHING** (strategies) to teach skills **S**KILLS Ensure all Vaulters are recognised in a training session Communicate instructions clearly and accurately **Lesson Structure** (Did the coach?) Outline the Lesson plan for the Vaulters Was the lesson plan suitable for the Vaulters ability Did the coach adjust the lesson plan according to the Vaulters ability Maintain Vaulter focus throughout Observe, notes and corrects errors in individual(s) technique and skills Shows sequential progression of lessons skills and demonstrates an ability to break skills down to enhance the understanding of Vaulters Safe dismissal **Time Management** Demonstrate effective time management to ensure completion of training session

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