

# L2R ASSESSMENT TASK 3.1

## Riding Gymnastics

Candidate Name: \_\_\_\_\_ Date: \_\_\_\_\_

	Assessment Tasks	C / NYC	Comments
PREPARATION – Gear Check Horse & Rider	<u>PASS GEAR CHECK</u> for gymnastics – including use of protective boots or bandages		
PRACTICAL ASSESSMENT TASKS – Demonstrate	<ul style="list-style-type: none"> <li>Apply warm-up routine including 3- and 2-point seat</li> </ul>		
	<ul style="list-style-type: none"> <li>Demonstrate riding over trot poles at working, collected and medium trot</li> </ul>		
	<ul style="list-style-type: none"> <li>Demonstrate 3- and 2-point seat, over a series of trot poles</li> </ul>		
VERBAL ASSESSMENT	<ul style="list-style-type: none"> <li>Discuss how performance of the Dressage horse can be improved through use of gymnastic exercises in training</li> <li>Identify at least three gymnastic exercises and their desired outcome</li> <li>Identify correct distances for trot poles</li> </ul>		
SELF ASSESSMENT	<p>Candidate to provide feedback of the session giving consideration to:</p> <ul style="list-style-type: none"> <li>Their position and correct use of aids</li> <li>The influence of their position and aids on the horse</li> <li>Aspects of the horses performance that improved through gymnastic exercises</li> <li>Exercises could be used in the future to improve the horse's performance</li> </ul>		

# L2R ASSESSMENT TASK 3.2

## Riding Over Fences

Candidate Name: \_\_\_\_\_ Date: \_\_\_\_\_

	Assessment Tasks	C/NYC	Comments
PREPARATION – Gear Check Horse & Rider	<u>PASS GEAR CHECK</u> for jumping – including use of protective boots or bandages		
PRACTICAL ASSESSMENT TASKS – Demonstrate	<ul style="list-style-type: none"> <li>Apply warm-up routine including 2- and 3-point seat and work over trot poles</li> </ul>		
	<ul style="list-style-type: none"> <li>Demonstrate jumping grids with a trot approach and a minimum of 3 jumping efforts</li> </ul>		
	<ul style="list-style-type: none"> <li>Demonstrate riding at speeds (metres/minute) as per your specialisation</li> </ul>		
	<ul style="list-style-type: none"> <li>Demonstrate jumping a single fence with canter approach</li> </ul>		
	<ul style="list-style-type: none"> <li>Demonstrate jumping related fences with canter approach</li> </ul>		
	<ul style="list-style-type: none"> <li>Demonstrate jumping a combination with canter approach</li> </ul>		
	<ul style="list-style-type: none"> <li>Demonstrate jumping natural obstacles as found in Derby courses</li> </ul>		
	<ul style="list-style-type: none"> <li>Apply a cool-down routine</li> </ul>		
VERBAL ASSESSMENT - Discuss	<ul style="list-style-type: none"> <li>Identify whips and spurs allowed under EA/FEI Rules</li> <li>Demonstrate correct fitting and use of different types of spurs</li> <li>Discuss riding related lines</li> <li>Discuss ways to improve a horse's confidence when training and jumping</li> <li>Discuss common faults in a horse's jumping technique and how to correct them</li> </ul>		
SELF ASSESSMENT – Analyse/Review	<p>Candidate to provide feedback of their riding giving consideration to:</p> <ul style="list-style-type: none"> <li>Their position and correct use of aids</li> <li>Influence of their position and aids on the horse</li> <li>Assess the quality of the paces and transitions performed in the session</li> <li>Assess the quality of horse's jumping technique in the session</li> <li>Discuss exercises/work that can be implemented to improve performance of the horse</li> </ul>		

**L2R ASSESSMENT SLIP 3**  
**Riding Gymnastics / Riding over Fences**  
**Assessment Summary & Declaration of Competence**

**Candidate Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

- Specialisation:**
- Dressage Specialist – Poles & Gymnastics
  - Jumping Specialist – up to 1.30m
  - Eventing Specialist – up to CIC\*\*/CCI\*\* standard
  - Generalist – up to 1.15m

<input type="checkbox"/> <b>COMPETENT</b>	<p>Has demonstrated competence in all the tasks for Assessment Slip 3 – Riding Gymnastics/Riding over Fences according to the assessment criteria in the Level 2 Riding Certificate through</p> <p><input type="checkbox"/> <b>Direct Assessment method</b>                      <b>OR</b></p> <p>Evidence was provided to satisfy the Assessor that the Candidate met with competence all the required assessment criteria for Assessment Slip 3 - Riding Gymnastics/Riding over Fences</p> <p><input type="checkbox"/> <b>Fast Track method</b></p>
<input type="checkbox"/> <b>NOT YET COMPETENT</b>	<p>Is not yet competent in all the tasks for Assessment Slip 3 – Riding Gymnastics/Riding over Fences according to the assessment criteria in the Level 2 Riding Certificate through</p> <p><input type="checkbox"/> <b>Direct Assessment method</b>                      <b>OR</b></p> <p>Insufficient evidence provided to satisfy the Assessor that the Candidate met with competence all the required assessment criteria for Assessment Slip 3 – Riding Gymnastics/Riding over Fences according to the assessment criteria in the Level 2 Riding Certificate through</p> <p><input type="checkbox"/> <b>Fast Track method</b></p>
<b>Comments</b>	
If NYC what needs improvement before re-sitting assessment	
CE Name: _____	Level: _____
Assessment Venue: _____	Signature: _____

NOTE: CE's are advised to maintain own records / results of Candidates whom they have assessed.

- If **Competent** sign summary on Page 97
- If **Not Yet Competent** (NYC) please arrange further training and/or another assessment and download additional assessment slips from [www.equestrian.org.au](http://www.equestrian.org.au)