



Dear Vaulting Community,

This newsletter has been produced by the EAVC Covid Working Group, which has been set up following a request from EAVC who saw the need to reach out to Clubs and members whilst returning to group activities and new Covid-19 considerationsIt is intended to provide some standard recommendations to organising committees and clubs, and to start a conversation on how we are all handling vaulting activities around the States.

With 2021 for most the next competition focus – it is important to jump on the Vaulting Training Pathway! Clinics are an excellent way to start getting back on track. But before we get to all that, it is important to remind all attending the various vaulting venues of the following current considerations (note references are added for general information only).

State Health Regulations must be followed in accordance with your individual State, being aware of current changes that may need implementation for your events.

The SportAUS/AIS website has lots of up-to-date information for sporting communities - <https://www.sportaus.gov.au/return-to-sport>

The overarching strategies are:



PLAN

Implementing plans, processes, and systems to meet government and health requirements, and provide safe sport environments.



PREPARE

Ensuring safe facility and participant practices, like hygiene practices, attendance registers at training and limiting shared equipment as much as possible.



RESPOND

Being prepared for management of a COVID-19 outbreak, noting things can change quickly in your local area.



RECOVER

Consideration of protocols to optimise good public and participant health into the future.

There are many new considerations for your committee to think about since Covid-19, such as:

- Undertake a thorough risk assessment.
- Complete a Covid-19 Checklist
- Plan ways to reduce in-person contact for participants and volunteers.
- Plan for more official and volunteer absences.
- Find a space where you can isolate volunteers or participants who become sick.
- Tell volunteers and participants what you are doing to stop the spread of COVID-19

PARTICIPATION –

People should not participate in community sport if they:

- a) have any cold or flu-like symptoms, even if mild
- b) have travelled overseas or been in close-contact to a person with COVID-19 in the preceding 14 days
- c) are at a greater risk of more serious illness if infected with coronavirus, including:
 - people aged 70 years and over
 - people aged 65 years and over with chronic medical conditions
 - Aboriginal and Torres Strait Islander people over the age of 50
 - people with compromised immune systems.

Most States have relaxed their attendance numbers at events; however it may be wise to have only essential people at your activities, in line with the National Principles for the Resumption of Sport and Recreation. This includes:

- athletes
- coaches
- officials
- direct family
- volunteers

We are all experts now at social distancing following all these months practising it, so do not forget:

- ✓ Change protocols so athletes are grouped and restrict activities with other clubs and groups.
- ✓ When watching or attending a competition or training, keep 1.5 metres between yourself and others.
- ✓ Restrict access to stable areas to athletes, officials, and essential staff.

HYGIENE -

This is super important and can minimise the risk of transmission of Covid-19, but it is very easy to become complacent:

- Team members and trainers should practise good hand hygiene at the start and end of training sessions and during the activity when possible. Use soap and water to wash hands when they are visibly dirty or using hand alcohol-based hand sanitiser.
- Clean facilities, high-touch surfaces and objects with detergent and disinfectant. Follow the manufacturer's directions on the label of the product.
- Clean sports equipment with a detergent and disinfectant as per manufacturer's instructions or a combined detergent and disinfectant product including wipes.
- Encourage regular hand washing by staff and participants.
- Provide alcohol-based hand sanitiser dispensers in prominent places around the event including registration desks, change rooms, toilets, or kiosks.
- Make sure dispensers are refilled

Whilst it may be preferred to ask people to provide their own meals, if you are considering catering ensure routine cleaning after every training session used:

- BBQ areas
- Recreational areas
- Coaching areas
- Change rooms/locker rooms/showers
- Dining rooms, cafes, retail outlets

And now we can think about all the entries that have been waiting patiently for competition day!!

Around the States – September/October

SA

- Clinics have been held to help get everyone back into the swing of things
- First one was a Compulsories Clinic with scores as feedback
- For our Freestyle clinic the focus was on artistic scoring. The feedback from both clinics proving invaluable
- Christmas celebration will be a Barrel fun day
- A record is kept of everyone attending
- SA has an online Covid-19 Marshall course, and this has been in place at vaulting meets
- Anyone feeling sick – stay home
- Hand sanitiser supplied
- Gear cleaned down between sessions
- People are being very cautious and considerate

WA

- Vaulting is finding its way back in WA through RDA and Interschools

- WA Pony club is also working with Vaulting on a competency certification

NSW

- Working on a safety plan
- Investigating covid marshall following success in SA
- Kerrabee Online Barrel Comp 17 October
- Lungeing clinic is coming up with FEI Judge
- SVG Xmas Competition is going ahead under Covid-19 conditions